

Saturday, 7th October, 2023

Analysis of times for Round Rotherham

Individual Result

Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	Maltby 62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
1	Rory Harris	Time & posn	1:15 (1)	2:05 (1)	3:04 (1)	3:52 (1)	4:40 (1)	5:13 (1)	6:02 (1)	6:52 (1)
		Stage & change	1:15	0:50 (=)	0:59 (=)	0:47 (=)	0:47 (=)	0:33 (=)	0:48 (=)	0:49 (=)
	7:13:17	min/km & rank	4:49 (1)	5:00 (1)	4:58 (1)	5:11 (1)	5:16 (1)	5:20 (1)	5:21 (1)	5:14 (1)
2	Kevin Houlst	Time & posn	1:16 (4)	2:11 (4)	3:13 (4)	4:03 (2)	4:54 (2)	5:33 (2)	6:33 (2)	7:30 (2)
	Calder Valley Fell Runners	Stage & change	1:16	0:54 (=)	1:01 (=)	0:49 (+2)	0:51 (=)	0:39 (=)	0:59 (=)	0:57 (=)
	7:11:01	min/km & rank	4:55 (4)	5:25 (5)	5:10 (2)	5:25 (2)	5:41 (2)	6:17 (2)	6:30 (2)	6:04 (2)
3	Lawrence Eccles	Time & posn	1:15 (2)	2:06 (3)	3:11 (3)	4:10 (3)	5:11 (3)	5:54 (3)	6:54 (3)	7:56 (3)
	Penny Lane Striders	Stage & change	1:15	0:50 (-1)	1:05 (=)	0:59 (=)	1:01 (=)	0:42 (=)	0:59 (=)	1:02 (=)
	7:13:15	min/km & rank	4:49 (2)	5:02 (3)	5:30 (4)	6:24 (4)	6:47 (10)	6:48 (5)	6:32 (3)	6:32 (4)
4	Adam Worrallo	Time & posn	1:20 (7)	2:15 (7)	3:24 (6)	4:22 (4)	5:19 (4)	6:00 (4)	7:00 (4)	8:03 (4)
	Bingley Harriers & AC	Stage & change	1:20	0:54 (=)	1:09 (+1)	0:58 (+2)	0:56 (=)	0:41 (=)	0:59 (=)	1:03 (=)
	7:07:24	min/km & rank	5:09 (7)	5:25 (4)	5:49 (6)	6:18 (3)	6:19 (3)	6:31 (3)	6:33 (4)	6:42 (6)
5	Lisa Joanne Walbridge	Time & posn	1:34 (15)	2:38 (12)	3:52 (12)	4:54 (11)	5:52 (8)	6:36 (8)	7:36 (6)	8:38 (5)
	100 Marathon Club	Stage & change	1:34	1:04 (+3)	1:14 (=)	1:01 (+1)	0:58 (+3)	0:43 (=)	0:59 (+2)	1:02 (+1)
	7:13:23	min/km & rank	6:01 (15)	6:24 (12)	6:13 (10)	6:42 (9)	6:27 (5)	6:56 (6)	6:34 (5)	6:34 (5)
6	Martin Terry	Time & posn	1:27 (10)	2:31 (10)	3:47 (10)	4:48 (9)	5:51 (7)	6:33 (7)	7:36 (7)	8:38 (6)
	Clayton-le-Moors Harriers	Stage & change	1:27	1:04 (=)	1:15 (=)	1:01 (+1)	1:02 (+2)	0:42 (=)	1:02 (=)	1:01 (+1)
	7:08:31	min/km & rank	5:35 (10)	6:22 (11)	6:22 (12)	6:39 (7)	6:56 (12)	6:46 (4)	6:54 (7)	6:31 (3)
7	Daniel Jenkins	Time & posn	1:26 (9)	2:25 (8)	3:39 (9)	4:40 (8)	5:44 (6)	6:29 (6)	7:36 (5)	8:46 (7)
	Eccleshill Road Runners	Stage & change	1:26	0:58 (+1)	1:14 (-1)	1:01 (+1)	1:03 (+2)	0:45 (=)	1:06 (+1)	1:10 (-2)
	7:05:24	min/km & rank	5:34 (9)	5:46 (8)	6:13 (10)	6:38 (5)	7:06 (13)	7:14 (9)	7:16 (9)	7:22 (12)
8	Mark Robbins	Time & posn	1:26 (8)	2:25 (9)	3:38 (8)	4:39 (7)	5:40 (5)	6:26 (5)	7:37 (9)	8:48 (8)
		Stage & change	1:26	0:59 (-1)	1:13 (+1)	1:01 (+1)	1:00 (+2)	0:46 (=)	1:10 (-4)	1:11 (+1)
	6:57:45	min/km & rank	5:31 (8)	5:51 (9)	6:08 (8)	6:39 (6)	6:42 (6)	7:22 (11)	7:45 (15)	7:29 (13)
9	Jared Walbridge	Time & posn	1:34 (16)	2:38 (13)	3:52 (13)	4:54 (12)	5:52 (9)	6:36 (9)	7:37 (8)	8:50 (9)
	Cambridge Triathlon Club	Stage & change	1:34	1:04 (+3)	1:13 (=)	1:01 (+1)	0:58 (+3)	0:43 (=)	1:00 (+1)	1:13 (-1)
	7:13:21	min/km & rank	6:01 (16)	6:24 (13)	6:13 (9)	6:42 (8)	6:27 (4)	6:56 (7)	6:39 (6)	7:44 (19)
10	Ben Clithero	Time & posn	1:30 (11)	2:32 (11)	3:48 (11)	4:50 (10)	5:58 (10)	6:46 (10)	7:54 (10)	9:05 (10)
	Dronfield Running Club	Stage & change	1:30	1:02 (=)	1:16 (=)	1:02 (+1)	1:08 (=)	0:47 (=)	1:08 (=)	1:11 (=)
	7:05:04	min/km & rank	5:48 (11)	6:09 (10)	6:23 (13)	6:45 (10)	7:34 (19)	7:28 (13)	7:30 (12)	7:30 (14)
11	Clare Glazebrook	Time & posn	1:39 (27)	2:47 (25)	4:05 (16)	5:09 (13)	6:09 (11)	6:57 (11)	8:03 (11)	9:15 (11)
	North Derbyshire RC	Stage & change	1:39	1:08 (+2)	1:17 (+9)	1:03 (+3)	1:00 (+2)	0:47 (=)	1:06 (=)	1:11 (=)
	6:51:42	min/km & rank	6:21 (27)	6:48 (26)	6:31 (14)	6:55 (11)	6:44 (8)	7:30 (14)	7:16 (10)	7:32 (15)
12	Julian Brown	Time & posn	1:34 (17)	2:42 (16)	4:03 (15)	5:10 (16)	6:19 (13)	7:05 (13)	8:10 (13)	9:17 (12)
	Macclesfield Harriers & AC	Stage & change	1:34	1:07 (+1)	1:20 (+1)	1:06 (-1)	1:08 (+3)	0:46 (=)	1:05 (=)	1:06 (+1)
	6:55:02	min/km & rank	6:05 (17)	6:43 (20)	6:46 (17)	7:16 (17)	7:37 (20)	7:19 (10)	7:10 (8)	7:02 (7)
13	Russell Sibley	Time & posn	1:33 (12)	2:40 (14)	4:02 (14)	5:09 (14)	6:10 (12)	6:58 (12)	8:05 (12)	9:19 (13)
		Stage & change	1:33	1:07 (-2)	1:21 (=)	1:07 (=)	1:00 (+2)	0:48 (=)	1:07 (=)	1:13 (-1)
	7:03:03	min/km & rank	6:00 (12)	6:39 (17)	6:51 (19)	7:19 (18)	6:43 (7)	7:37 (16)	7:24 (11)	7:46 (20)
14	Phil Whitham	Time & posn	1:46 (54)	2:56 (42)	4:15 (27)	5:21 (19)	6:25 (18)	7:10 (15)	8:19 (14)	9:27 (14)
		Stage & change	1:46	1:10 (+12)	1:18 (+15)	1:05 (+8)	1:04 (+1)	0:45 (+3)	1:09 (+1)	1:07 (=)
	6:50:04	min/km & rank	6:48 (54)	6:59 (39)	6:36 (15)	7:07 (14)	7:07 (14)	7:10 (8)	7:35 (13)	7:07 (8)
15	Neil White	Time & posn	1:37 (20)	2:46 (23)	4:09 (20)	5:21 (20)	6:22 (16)	7:09 (14)	8:20 (16)	9:29 (15)
	Rotherham Running Club	Stage & change	1:37	1:09 (-3)	1:23 (+3)	1:11 (=)	1:01 (+4)	0:46 (+2)	1:11 (-2)	1:08 (+1)
	6:59:46	min/km & rank	6:13 (20)	6:51 (32)	7:01 (23)	7:45 (33)	6:47 (9)	7:26 (12)	7:52 (17)	7:11 (10)
16	Robert Bishop	Time & posn	1:40 (33)	2:49 (31)	4:10 (21)	5:21 (21)	6:23 (17)	7:10 (16)	8:20 (15)	9:32 (16)
		Stage & change	1:40	1:08 (+2)	1:20 (+10)	1:11 (=)	1:01 (+4)	0:47 (+1)	1:09 (+1)	1:11 (-1)
	6:24:00	min/km & rank	6:27 (33)	6:49 (27)	6:47 (18)	7:43 (30)	6:49 (11)	7:33 (15)	7:40 (14)	7:33 (16)
17	Sarah Challans	Time & posn	1:33 (13)	2:45 (19)	4:05 (17)	5:09 (15)	6:19 (14)	7:12 (17)	8:24 (17)	9:32 (17)
	Lincoln & District Runners	Stage & change	1:33	1:11 (-6)	1:20 (+2)	1:04 (+2)	1:09 (+1)	0:52 (-3)	1:11 (=)	1:08 (=)
	6:51:20	min/km & rank	6:00 (13)	7:07 (45)	6:44 (16)	6:57 (12)	7:45 (24)	8:21 (29)	7:53 (18)	7:10 (9)
18	Dave Blewett	Time & posn	1:35 (18)	2:43 (17)	4:08 (19)	5:14 (17)	6:21 (15)	7:13 (18)	8:28 (18)	9:50 (18)
		Stage & change	1:35	1:07 (+1)	1:25 (-2)	1:05 (+2)	1:07 (+2)	0:52 (-3)	1:15 (=)	1:21 (=)
	7:06:51	min/km & rank	6:07 (18)	6:43 (23)	7:09 (33)	7:04 (13)	7:29 (17)	8:18 (26)	8:14 (26)	8:33 (28)
19	Stephen Davies	Time & posn	1:43 (42)	2:52 (36)	4:15 (30)	5:26 (24)	6:37 (21)	7:28 (21)	8:39 (20)	9:52 (19)
		Stage & change	1:43	1:09 (+6)	1:23 (+6)	1:11 (+6)	1:10 (+3)	0:51 (=)	1:10 (+1)	1:13 (+1)
	7:05:49	min/km & rank	6:36 (42)	6:53 (34)	7:00 (22)	7:43 (29)	7:47 (25)	8:09 (22)	7:47 (16)	7:42 (18)
20	Stephen Vaughan	Time & posn	1:38 (25)	2:46 (22)	4:13 (25)	5:24 (23)	6:33 (20)	7:26 (20)	8:40 (21)	9:55 (20)
	LDWA	Stage & change	1:38	1:07 (+3)	1:27 (-3)	1:10 (+2)	1:08 (+3)	0:53 (=)	1:14 (-1)	1:15 (+1)
	7:04:01	min/km & rank	6:19 (25)	6:41 (18)	7:22 (39)	7:40 (27)	7:38 (21)	8:26 (34)	8:11 (24)	7:53 (21)
21	Stephen Rowbotham	Time & posn	1:47 (56)	3:03 (58)	4:25 (43)	5:32 (33)	6:41 (24)	7:31 (22)	8:47 (22)	9:56 (21)
	Real Fitness Race Team	Stage & change	1:47	1:15 (-2)	1:22 (+15)	1:06 (+10)	1:09 (+9)	0:50 (+2)	1:15 (=)	1:09 (+1)
	6:10:54	min/km & rank	6:55 (56)	7:26 (56)	6:54 (20)	7:16 (16)	7:41 (22)	8:00 (18)	8:15 (27)	7:21 (11)
22	Nigel Aston	Time & posn	1:36 (19)	2:44 (18)	4:08 (18)	5:18 (18)	6:26 (19)	7:20 (19)	8:38 (19)	10:07 (22)
	100 Marathon Club	Stage & change	1:36	1:07 (+1)	1:24 (=)	1:09 (=)	1:07 (-1)	0:54 (=)	1:17 (=)	1:29 (-3)
	6:53:28	min/km & rank	6:11 (19)	6:43 (21)	7:04 (26)	7:36 (24)	7:30 (18)	8:40 (37)	8:29 (31)	9:24 (49)
23	Craige Spencer	Time & posn	1:50 (66)	3:04 (61)	4:35 (56)	5:42 (45)	6:47 (29)	7:40 (25)	8:56 (23)	10:13 (23)
	Kimberworth Striders	Stage & change	1:50	1:14 (+5)	1:31 (+5)	1:06 (+11)	1:05 (+16)	0:52 (+4)	1:15 (+2)	1:17 (=)
	6:52:12	min/km & rank	7:06 (66)	7:20 (49)	7:38 (49)	7:12 (15)	7:18 (15)	8:18 (24)	8:20 (29)	8:09 (23)
24	Andrew Hedison	Time & posn	1:41 (35)	2:50 (32)	4:18 (31)	5:28 (28)	6:46 (25)	7:45 (30)	8:59 (24)	10:17 (24)
	Kimberworth Striders	Stage & change	1:41	1:09 (+3)	1:28 (+1)	1:10 (+3)	1:17 (+3)	0:59 (-5)	1:14 (+6)	1:17 (=)
	5:45:12	min/km & rank	6:29 (35)	6:50 (30)	7:25 (41)	7:36 (25)	8:36 (38)	9:28 (59)	8:08 (22)	8:12 (25)
25	Sharon Gayter	Time & posn	1:50 (67)	3:03 (59)	4:37 (59)	5:54 (54)	7:05 (45)	7:55 (36)	9:08 (33)	10:23 (25)
	North York Moors AC	Stage & change	1:50	1:12 (+8)	1:33 (=)	1:16 (+5)	1:10 (+9)	0:49 (+9)	1:13 (+3)	1:15 (+8)
	6:37:28	min/km & rank	7:06 (67)	7:12 (47)	7:53 (58)	8:22 (54)	7:52 (28)	7:54 (17)	8:02 (19)	7:54 (22)
26	Ricky Brown	Time & posn	1:45 (53)	2:50 (34)	4:27 (47)	5:38 (39)	6:52 (32)	7:43 (28)	9:01 (26)	10:24 (26)
	Team Manvers	Stage & change	1:45	1:05 (+19)	1:37 (-13)	1:10 (+8)	1:13 (+7)	0:51 (+4)	1:17 (+2)	1:23 (=)
	6:19:16	min/km & rank	6:46 (53)	6:27 (14)	8:09 (66)	7:38 (26)	8:11 (32)	8:10 (23)	8:34 (34)	8:44 (30)
27	Simon Gregory	Time & posn	1:45 (50)	2:56 (40)	4:20 (34)	5:29 (29)	6:46 (26)	7:39 (24)	9:00 (25)	10:26 (27)
	Handsworth Roadhogs	Stage & change	1:45	1:11 (+10)	1:23 (+6)	1:08 (+5)	1:17 (+3)	0:52 (+2)	1:21 (-1)	1:25 (-2)
	6:42:54	min/km & rank	6:45 (50)	7:02 (43)	7:03 (24)	7:27 (20)	8:39 (41)	8:18 (25)	8:56 (50)	9:01 (41)
28	Mark Baines	Time & posn	1:47 (55)	2:58 (48)	4:22 (37)	5:31 (32)	6:49 (31)	7:41 (26)	9:02 (27)	10:28 (28)
	GLOATURS	Stage & change	1:47	1:11 (+7)	1:24 (+11)	1:08 (+5)	1:17 (+1)	0:52 (+5)	1:21 (-1)	1:25 (-1)
	6:40:31	min/km & rank	6:54 (55)	7:02 (42)	7:03 (25)	7:26 (19)	8:38 (40)	8:18 (27)	8:56 (49)	8:59 (37)
29	Bill Watson	Time & posn	1:42 (40)	2:54 (38)	4:19 (33)	5:29 (30)	6:49 (30)	7:44 (29)	9:03 (30)	10:29 (29)
	Stonehaven Running Club	Stage & change	1:42	1:12 (+2)	1:24 (+5)	1:10 (+3)	1:19 (=)	0:55 (+1)	1:18 (-1)	1:25 (+1)
	6:23:35	min/km & rank	6:33 (40)	7:10 (46)	7:04 (27)	7:41 (28)	8:48 (43)	8:48 (39)	8:40 (36)	9:01 (40)

Saturday, 7th October, 2023

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Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	Maltby 62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
30	John McGinley	Time & posn	1:40 (32)	2:48 (29)	4:10 (22)	5:24 (22)	6:41 (23)	7:37 (23)	9:03 (29)	10:29 (30)
		Stage & change	1:40	1:07 (+3)	1:22 (+7)	1:13 (=)	1:17 (-1)	0:56 (=)	1:26 (-6)	1:26 (-1)
	6:57:48	min/km & rank	6:26 (32)	6:42 (19)	6:55 (21)	7:58 (41)	8:34 (37)	8:53 (40)	9:27 (64)	9:05 (42)
31	Jonathan Briggs	Time & posn	1:43 (44)	2:59 (50)	4:26 (44)	5:38 (41)	6:59 (39)	7:52 (33)	9:13 (34)	10:38 (31)
	Valley Hill Runners	Stage & change	1:43	1:15 (-6)	1:27 (+6)	1:12 (+3)	1:20 (+2)	0:52 (+6)	1:21 (-1)	1:24 (+3)
	6:34:12	min/km & rank	6:39 (44)	7:27 (58)	7:21 (38)	7:49 (38)	8:58 (52)	8:23 (31)	8:54 (44)	8:54 (32)
=	Neil Batty	Time & posn	1:43 (44)	2:59 (49)	4:26 (45)	5:38 (41)	6:59 (40)	7:52 (34)	9:13 (34)	10:38 (32)
	Valley Hill Runners	Stage & change	1:43	1:15 (-5)	1:27 (+4)	1:12 (+4)	1:20 (+1)	0:52 (+6)	1:20 (=)	1:24 (+2)
	6:34:14	min/km & rank	6:39 (44)	7:26 (57)	7:22 (40)	7:49 (37)	8:58 (53)	8:23 (32)	8:53 (43)	8:54 (33)
33	Kevin Saville	Time & posn	1:41 (36)	2:51 (35)	4:15 (29)	5:31 (31)	6:56 (35)	7:55 (37)	9:17 (39)	10:42 (33)
	Dark Peak Fell Runners	Stage & change	1:41	1:10 (+1)	1:24 (+6)	1:15 (-2)	1:25 (-4)	0:59 (-2)	1:22 (-2)	1:25 (+6)
	6:26:29	min/km & rank	6:29 (36)	6:56 (38)	7:06 (30)	8:10 (47)	9:27 (62)	9:23 (56)	9:01 (51)	8:57 (35)
34	Chris Lane	Time & posn	1:52 (72)	3:16 (75)	4:49 (66)	5:59 (58)	7:11 (46)	8:03 (46)	9:17 (40)	10:44 (34)
	Clowne Road Runners Club	Stage & change	1:52	1:24 (-3)	1:32 (+9)	1:09 (+8)	1:11 (+12)	0:52 (=)	1:13 (+6)	1:26 (+6)
	6:25:13	min/km & rank	7:10 (72)	8:24 (80)	7:48 (53)	7:33 (21)	7:58 (29)	8:20 (28)	8:06 (21)	9:08 (45)
=	James Larmour	Time & posn	1:52 (73)	3:16 (74)	4:49 (67)	5:59 (59)	7:11 (47)	8:03 (47)	9:17 (41)	10:44 (35)
		Stage & change	1:52	1:24 (-1)	1:32 (+7)	1:09 (+8)	1:11 (+12)	0:52 (=)	1:13 (+6)	1:26 (+6)
	6:25:15	min/km & rank	7:10 (73)	8:24 (79)	7:48 (54)	7:33 (22)	7:59 (30)	8:21 (30)	8:06 (20)	9:07 (43)
36	George Leivers	Time & posn	1:44 (49)	2:57 (46)	4:26 (46)	5:41 (44)	6:56 (36)	7:55 (38)	9:16 (36)	10:45 (36)
	Handsworth Roadhogs	Stage & change	1:44	1:13 (+3)	1:29 (=)	1:14 (+2)	1:14 (+8)	0:58 (-2)	1:20 (-2)	1:29 (=)
	6:51:08	min/km & rank	6:41 (49)	7:15 (48)	7:28 (42)	8:07 (44)	8:19 (33)	9:21 (53)	8:53 (42)	9:24 (48)
37	John Burgin	Time & posn	1:41 (39)	2:52 (36)	4:22 (36)	5:33 (34)	7:01 (42)	7:57 (40)	9:20 (42)	10:45 (37)
		Stage & change	1:41	1:11 (+3)	1:29 (=)	1:11 (+2)	1:27 (-8)	0:56 (+2)	1:22 (-2)	1:25 (+5)
	6:23:25	min/km & rank	6:30 (39)	7:01 (41)	7:31 (44)	7:47 (36)	9:44 (73)	8:57 (41)	9:02 (52)	8:59 (37)
38	Lee Carratt	Time & posn	1:49 (61)	2:59 (51)	4:23 (39)	5:38 (38)	6:58 (38)	7:55 (39)	9:16 (37)	10:46 (38)
	Rotherham Harriers and AC	Stage & change	1:49	1:09 (+10)	1:24 (+12)	1:14 (+1)	1:20 (=)	0:57 (-1)	1:20 (+2)	1:29 (-1)
	6:47:48	min/km & rank	6:59 (61)	6:55 (37)	7:04 (28)	8:08 (46)	8:53 (45)	9:08 (47)	8:51 (41)	9:28 (51)
39	Nils Hofmann	Time & posn	1:49 (62)	2:59 (52)	4:23 (40)	5:37 (37)	6:57 (37)	7:55 (35)	9:16 (37)	10:46 (39)
	Rotherham Harriers and AC	Stage & change	1:49	1:09 (+10)	1:24 (+12)	1:14 (+3)	1:19 (=)	0:57 (+2)	1:21 (-2)	1:30 (-2)
	6:47:45	min/km & rank	6:59 (62)	6:55 (36)	7:04 (29)	8:06 (43)	8:50 (44)	9:10 (48)	8:55 (48)	9:28 (52)
40	James Dickinson	Time & posn	1:39 (30)	2:46 (24)	4:15 (28)	5:27 (27)	6:40 (22)	7:42 (27)	9:03 (28)	10:48 (40)
		Stage & change	1:39	1:06 (+6)	1:29 (-4)	1:12 (+1)	1:12 (+5)	1:01 (-5)	1:21 (-1)	1:45 (-12)
	6:03:28	min/km & rank	6:23 (30)	6:37 (15)	7:28 (43)	7:51 (39)	8:03 (31)	9:47 (71)	8:54 (46)	11:04 (95)
41	Sasha Gallagher	Time & posn	1:51 (70)	3:06 (65)	4:33 (52)	5:44 (48)	6:55 (33)	7:46 (32)	9:03 (32)	10:49 (41)
	Rotherham Harriers and AC	Stage & change	1:51	1:14 (+5)	1:27 (+13)	1:11 (+4)	1:10 (+15)	0:51 (+1)	1:17 (=)	1:46 (-9)
	6:51:32	min/km & rank	7:10 (70)	7:20 (51)	7:20 (36)	7:46 (35)	7:48 (26)	8:05 (21)	8:32 (32)	11:09 (99)
=	Steve Lilley	Time & posn	1:51 (70)	3:06 (66)	4:33 (53)	5:44 (47)	6:55 (34)	7:46 (31)	9:03 (31)	10:49 (42)
	Rotherham Harriers and AC	Stage & change	1:51	1:14 (+4)	1:27 (+13)	1:11 (+6)	1:10 (+13)	0:50 (+3)	1:17 (=)	1:46 (-11)
	6:51:33	min/km & rank	7:10 (70)	7:20 (52)	7:20 (37)	7:45 (34)	7:48 (27)	8:04 (20)	8:32 (33)	11:10 (100)
43	Ian Kittle	Time & posn	1:51 (68)	3:06 (68)	4:36 (57)	5:55 (56)	7:12 (48)	8:07 (48)	9:26 (43)	10:51 (43)
		Stage & change	1:51	1:15 (=)	1:29 (+11)	1:19 (+1)	1:16 (+8)	0:54 (=)	1:19 (+5)	1:24 (+)
	6:27:08	min/km & rank	7:07 (68)	7:27 (60)	7:33 (45)	8:38 (62)	8:32 (36)	8:37 (36)	8:42 (37)	8:55 (34)
44	Heather Robinson	Time & posn	1:41 (38)	2:48 (30)	4:18 (32)	5:40 (43)	7:15 (51)	8:13 (51)	9:28 (46)	10:51 (44)
		Stage & change	1:41	1:07 (+8)	1:30 (-2)	1:21 (-11)	1:35 (-8)	0:57 (=)	1:14 (+5)	1:23 (+2)
	6:53:23	min/km & rank	6:30 (38)	6:38 (16)	7:35 (46)	8:53 (69)	10:33 (98)	9:11 (49)	8:13 (25)	8:44 (29)
45	Kelly Ford	Time & posn	1:55 (78)	3:15 (73)	4:50 (68)	6:06 (63)	7:24 (56)	8:18 (52)	9:34 (49)	10:52 (45)
	Barnsley Harriers	Stage & change	1:55	1:20 (+5)	1:35 (+5)	1:16 (+5)	1:17 (+7)	0:53 (+4)	1:16 (+3)	1:17 (+4)
	6:42:44	min/km & rank	7:23 (78)	7:56 (70)	7:59 (64)	8:16 (52)	8:38 (39)	8:29 (35)	8:26 (30)	8:10 (24)
46	Helen Worsfold	Time & posn	1:58 (86)	3:14 (72)	4:45 (64)	5:58 (57)	7:19 (54)	8:12 (50)	9:33 (48)	10:52 (46)
	Clowne Road Runners Club	Stage & change	1:58	1:15 (+14)	1:30 (+8)	1:12 (+7)	1:21 (+3)	0:52 (+4)	1:20 (+2)	1:19 (2)
	5:42:30	min/km & rank	7:36 (86)	7:31 (62)	7:38 (47)	7:52 (40)	9:03 (56)	8:24 (33)	8:49 (38)	8:24 (27)
47	Mark Fielding	Time & posn	1:39 (28)	2:48 (27)	4:21 (35)	5:36 (35)	7:04 (43)	8:00 (44)	9:26 (44)	10:58 (47)
	Retford AC	Stage & change	1:39	1:08 (+1)	1:33 (-8)	1:14 (=)	1:27 (-8)	0:56 (-1)	1:25 (=)	1:31 (-3)
	7:14:16	min/km & rank	6:21 (28)	6:49 (28)	7:52 (57)	8:08 (45)	9:43 (72)	8:58 (44)	9:25 (62)	9:40 (55)
=	Justin Bramall	Time & posn	1:39 (28)	2:48 (26)	4:23 (38)	5:36 (36)	7:04 (44)	8:00 (45)	9:26 (45)	10:58 (48)
	Hartlepool Burn Road Harriers	Stage & change	1:39	1:08 (+2)	1:34 (-12)	1:13 (+2)	1:27 (-8)	0:56 (-1)	1:25 (=)	1:31 (-3)
	7:14:14	min/km & rank	6:21 (28)	6:49 (28)	7:58 (63)	8:00 (42)	9:43 (71)	8:58 (42)	9:25 (63)	9:40 (55)
49	Colin Jordan	Time & posn	1:33 (14)	2:42 (15)	4:14 (26)	5:38 (40)	7:00 (41)	7:59 (43)	9:31 (47)	11:07 (49)
		Stage & change	1:33	1:08 (-1)	1:32 (-11)	1:24 (-14)	1:21 (-1)	0:59 (-2)	1:31 (-4)	1:36 (-2)
	6:50:42	min/km & rank	6:00 (14)	6:45 (24)	7:44 (52)	9:09 (73)	9:06 (57)	9:23 (57)	10:04 (82)	10:07 (69)
50	Phil Brown	Time & posn	1:51 (69)	3:06 (67)	4:46 (65)	6:04 (61)	7:24 (57)	8:21 (56)	9:42 (53)	11:09 (50)
	Holmfirth Harriers AC	Stage & change	1:51	1:14 (+2)	1:40 (+2)	1:17 (+4)	1:20 (+4)	0:56 (+1)	1:21 (+3)	1:26 (+3)
	6:51:05	min/km & rank	7:09 (69)	7:22 (54)	8:28 (74)	8:24 (56)	8:56 (49)	8:58 (42)	8:54 (47)	9:07 (44)
51	Ian Willoughby	Time & posn	1:38 (24)	2:57 (44)	4:55 (72)	6:12 (67)	7:19 (52)	8:18 (53)	9:38 (51)	11:16 (51)
	Valley Hill Runners	Stage & change	1:38	1:18 (-20)	1:57 (-28)	1:17 (+5)	1:07 (+15)	0:59 (-1)	1:20 (+2)	1:37 (=)
	6:15:02	min/km & rank	6:19 (24)	7:47 (69)	9:54 (115)	8:22 (55)	7:27 (16)	9:22 (54)	8:51 (40)	10:15 (76)
=	David Lloyd	Time & posn	1:38 (23)	2:55 (39)	4:53 (71)	6:09 (66)	7:19 (53)	8:18 (54)	9:38 (50)	11:16 (52)
	Kingstone Runners Barnsley	Stage & change	1:38	1:16 (-16)	1:58 (-32)	1:16 (+5)	1:09 (+13)	0:59 (-1)	1:20 (+4)	1:37 (-2)
	6:15:04	min/km & rank	6:19 (23)	7:33 (64)	9:57 (117)	8:16 (51)	7:44 (23)	9:22 (55)	8:51 (39)	10:16 (77)
53	Martin Picker	Time & posn	1:41 (36)	2:57 (43)	4:30 (49)	5:50 (51)	7:13 (49)	8:18 (55)	9:42 (52)	11:16 (53)
	Ripley Running Club	Stage & change	1:41	1:15 (-7)	1:33 (-6)	1:19 (-2)	1:23 (+2)	1:05 (-6)	1:23 (+3)	1:34 (-1)
	7:01:57	min/km & rank	6:29 (36)	7:30 (61)	7:50 (55)	8:40 (63)	9:13 (60)	10:22 (85)	9:11 (56)	9:57 (63)
54	Janine Paul	Time & posn	1:41 (34)	2:50 (33)	4:24 (42)	5:45 (49)	7:26 (58)	8:25 (57)	9:49 (56)	11:17 (54)
		Stage & change	1:41	1:09 (+1)	1:33 (-9)	1:21 (-7)	1:40 (-9)	0:58 (+1)	1:23 (+1)	1:28 (+2)
	6:42:53	min/km & rank	6:28 (34)	6:54 (35)	7:50 (56)	8:52 (68)	11:11 (109)	9:20 (52)	9:11 (55)	9:18 (47)
55	James McDonald	Time & posn	1:56 (81)	3:21 (79)	5:09 (83)	6:42 (85)	7:59 (77)	8:54 (73)	10:09 (63)	11:29 (55)
		Stage & change	1:56	1:25 (+2)	1:48 (-4)	1:32 (-2)	1:16 (+8)	0:55 (+4)	1:15 (+10)	1:19 (+8)
	7:00:55	min/km & rank	7:27 (81)	8:27 (85)	9:04 (90)	10:05 (99)	8:30 (35)	8:46 (38)	8:18 (28)	8:22 (26)
56	Alicea Ledger	Time & posn	1:37 (22)	2:45 (20)	4:11 (23)	5:26 (25)	6:47 (28)	7:58 (42)	9:44 (55)	11:35 (56)
	Rotherham Running Commun	Stage & change	1:37	1:07 (+2)	1:25 (-3)	1:15 (-2)	1:20 (-3)	1:10 (-14)	1:46 (-13)	1:50 (-1)
	6:59:44	min/km & rank	6:15 (22)	6:43 (22)	7:10 (35)	8:14 (50)	8:55 (48)	11:14 (103)	11:43 (122)	11:40 (114)
=	Graham Dodd	Time & posn	1:37 (21)	2:45 (21)	4:11 (24)	5:27 (26)	6:47 (27)	7:58 (41)	9:44 (54)	11:36 (57)
	Rotherham Running Commun	Stage & change	1:37	1:08 (=)	1:25 (-3)	1:15 (-2)	1:20 (-1)	1:10 (-14)	1:46 (-13)	1:51 (-3)
	6:59:42	min/km & rank	6:15 (21)	6:45 (24)	7:10 (34)	8:13 (49)	8:55 (46)	11:13 (102)	11:40 (121)	11:46 (117)
58	Jocelyn Granger	Time & posn	1:48 (59)	3:09 (70)	4:55 (72)	6:15 (69)	7:41 (64)	8:41 (63)	10:07 (59)	11:37 (58)
	Staffs Moorlands AC	Stage & change	1:48	1:21 (-11)	1:45 (-2)	1:19 (+3)	1:25 (+5)	0:59 (+1)	1:26 (+1)	1:30 (+1)
	7:00:08	min/km & rank	6:57 (59)	8:02 (73)	8:51 (83)	8:41 (64)	9:33 (67)	9:31 (61)	9:27 (65)	9:33 (53)

Saturday, 7th October, 2023

Analysis of times for Round Rotherham

Individual Result

Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
59	Lauren Corcoran Kimberworth Striders 5:58:23	Time & posn Stage & change min/km & rank	2:06 (101) 2:06 8:07 (101)	3:31 (96) 1:25 (+5) 8:26 (83)	5:12 (85) 1:40 (+11) 8:27 (73)	6:29 (77) 1:16 (+8) 8:20 (53)	7:50 (72) 1:21 (+5) 9:02 (55)	8:49 (69) 0:58 (+3) 9:19 (51)	10:13 (64) 1:24 (+5) 9:16 (59)	11:39 (59) 1:25 (+5) 8:58 (36)
60	Jason Littlewood Keighley & Craven AC 5:57:19	Time & posn Stage & change min/km & rank	1:49 (64) 1:49 7:00 (64)	3:07 (69) 1:18 (-5) 7:45 (68)	5:06 (77) 1:58 (-8) 9:56 (116)	6:25 (74) 1:18 (+3) 8:35 (59)	7:39 (63) 1:12 (+11) 8:19 (34)	8:42 (65) 1:02 (-2) 9:55 (72)	10:05 (57) 1:22 (+8) 9:05 (54)	11:40 (60) 1:34 (-3) 9:59 (65)
61	Charlotte Smith Serpentine RC 6:29:47	Time & posn Stage & change min/km & rank	1:58 (85) 1:58 7:36 (85)	3:25 (82) 1:27 (+3) 8:37 (90)	4:57 (74) 1:32 (+8) 7:44 (51)	6:16 (70) 1:18 (+4) 8:31 (57)	7:44 (67) 1:27 (+3) 9:45 (76)	8:44 (66) 1:00 (+1) 9:35 (65)	10:08 (61) 1:23 (+5) 9:12 (57)	11:41 (61) 1:33 (-) 9:47 (60)
62	Cathrine Mhembere Workshop Harriers 5:15:31	Time & posn Stage & change min/km & rank	2:06 (100) 2:06 8:05 (100)	3:38 (106) 1:32 (-6) 9:06 (106)	5:22 (101) 1:44 (+5) 8:47 (79)	6:43 (88) 1:20 (+13) 8:43 (66)	8:15 (85) 1:31 (+3) 10:13 (83)	9:05 (79) 0:50 (+6) 8:01 (19)	10:20 (69) 1:14 (+10) 8:10 (23)	11:44 (62) 1:23 (+3) 8:50 (31)
63	Dave Thompson Quakers Running Club 5:56:49	Time & posn Stage & change min/km & rank	1:58 (84) 1:58 7:35 (84)	3:22 (81) 1:23 (+3) 8:17 (77)	5:01 (76) 1:39 (+5) 8:22 (69)	6:26 (76) 1:24 (=) 9:14 (77)	7:49 (68) 1:22 (+8) 9:09 (58)	8:49 (68) 1:00 (=) 9:32 (63)	10:18 (67) 1:29 (+1) 9:50 (74)	11:44 (63) 1:33 (-) 9:00 (39)
64	Steven Jeff Dark Peak Fell Runners 6:50:36	Time & posn Stage & change min/km & rank	1:40 (31) 1:40 6:25 (31)	2:56 (40) 1:16 (-9) 7:33 (63)	4:42 (62) 1:46 (-22) 8:55 (88)	6:07 (64) 1:24 (-2) 9:13 (76)	7:33 (62) 1:25 (+2) 9:32 (66)	8:39 (61) 1:06 (+1) 10:30 (90)	10:06 (58) 1:23 (+5) 9:33 (68)	11:44 (64) 1:38 (-6) 10:19 (79)
65	Steven Jones Dark Peak Fell Runners 6:43:49	Time & posn Stage & change min/km & rank	1:44 (48) 1:44 6:41 (48)	3:02 (57) 1:17 (-9) 7:42 (66)	4:37 (60) 1:35 (-3) 8:02 (65)	6:05 (62) 1:27 (-2) 9:31 (84)	7:41 (66) 1:36 (-4) 10:42 (101)	8:45 (67) 1:03 (-1) 10:03 (74)	10:15 (66) 1:29 (+1) 9:52 (75)	11:46 (65) 1:31 (+1) 9:34 (54)
66	Imtiaz Ilahi 6:06:28	Time & posn Stage & change min/km & rank	2:12 (110) 2:12 8:31 (110)	3:37 (101) 1:24 (+9) 8:21 (78)	5:19 (94) 1:42 (+7) 8:34 (76)	6:45 (91) 1:26 (+3) 9:21 (80)	8:10 (81) 1:25 (+10) 9:29 (63)	9:17 (84) 1:06 (-3) 10:35 (91)	10:36 (79) 1:18 (+5) 8:38 (35)	11:49 (66) 1:13 (+13) 7:41 (17)
67	Boyd Brad Pickering Running Club 6:55:59	Time & posn Stage & change min/km & rank	1:42 (41) 1:42 6:34 (41)	2:57 (45) 1:15 (-4) 7:26 (55)	4:32 (51) 1:34 (-6) 7:57 (62)	5:51 (52) 1:18 (-1) 8:34 (58)	7:24 (55) 1:32 (-3) 10:19 (89)	8:28 (58) 1:04 (-3) 10:14 (81)	10:09 (62) 1:41 (-4) 11:07 (114)	11:49 (67) 1:39 (-5) 10:29 (84)
68	James Campbell Coalfields Triathlon Club 5:50:31	Time & posn Stage & change min/km & rank	1:56 (82) 1:56 7:28 (82)	3:21 (80) 1:25 (+2) 8:26 (82)	5:07 (80) 1:45 (=) 8:51 (84)	6:34 (80) 1:27 (=) 9:28 (83)	7:54 (76) 1:20 (+4) 8:55 (47)	8:54 (74) 1:00 (+2) 9:34 (64)	10:19 (68) 1:24 (+1) 9:17 (60)	11:55 (68) 1:35 (-) 10:04 (67)
69	Richard Hind Workshop Harriers 6:15:51	Time & posn Stage & change min/km & rank	1:54 (77) 1:54 7:20 (77)	3:05 (64) 1:11 (+13) 7:03 (44)	4:30 (50) 1:24 (+14) 7:06 (31)	5:55 (55) 1:24 (-5) 9:12 (75)	7:31 (60) 1:35 (-5) 10:39 (100)	8:35 (59) 1:04 (+1) 10:17 (83)	10:14 (65) 1:38 (-6) 10:48 (108)	11:55 (69) 1:40 (-4) 10:37 (87)
70	Karl Williams Trail Running Association 6:54:52	Time & posn Stage & change min/km & rank	1:43 (43) 1:43 6:37 (43)	3:00 (55) 1:16 (-12) 7:36 (65)	4:39 (61) 1:39 (-6) 8:21 (68)	6:15 (68) 1:35 (-7) 10:21 (105)	7:49 (69) 1:34 (-1) 10:30 (95)	8:55 (75) 1:05 (-6) 10:26 (87)	10:27 (72) 1:31 (-3) 10:05 (83)	11:55 (70) 1:28 (+2) 9:16 (46)
71	Peter Carter FRA 6:42:58	Time & posn Stage & change min/km & rank	1:45 (50) 1:45 6:45 (50)	3:00 (56) 1:15 (-6) 7:27 (59)	4:42 (63) 1:42 (-7) 8:35 (77)	6:08 (65) 1:25 (-2) 9:18 (78)	7:41 (65) 1:32 (=) 10:18 (88)	8:41 (64) 1:00 (+1) 9:35 (66)	10:07 (60) 1:25 (+4) 9:23 (61)	11:55 (71) 1:48 (-11) 11:24 (103)
72	Hannah Smith Caistor Running Club 6:50:28	Time & posn Stage & change min/km & rank	1:44 (47) 1:44 6:41 (47)	3:05 (63) 1:20 (-16) 7:59 (72)	4:51 (70) 1:46 (-7) 8:55 (86)	6:18 (72) 1:27 (-2) 9:31 (85)	7:53 (75) 1:34 (-3) 10:26 (93)	8:58 (77) 1:05 (-2) 10:26 (87)	10:30 (77) 1:31 (-) 10:03 (80)	12:08 (72) 1:37 (+5) 10:18 (78)
=	Mike Wells Caistor Running Club 6:50:31	Time & posn Stage & change min/km & rank	1:44 (46) 1:44 6:41 (46)	3:05 (62) 1:20 (-16) 7:59 (71)	4:51 (69) 1:46 (-7) 8:55 (87)	6:18 (71) 1:27 (-2) 9:32 (86)	7:52 (74) 1:33 (-3) 10:26 (92)	8:58 (76) 1:05 (-2) 10:27 (89)	10:30 (76) 1:31 (-) 10:04 (81)	12:08 (73) 1:38 (+3) 10:19 (80)
74	Roz Massey Totley AC 5:40:30	Time & posn Stage & change min/km & rank	1:57 (83) 1:57 7:32 (83)	3:29 (89) 1:31 (-6) 9:03 (104)	5:13 (87) 1:44 (+2) 8:47 (78)	6:41 (84) 1:27 (+3) 9:28 (82)	8:03 (78) 1:22 (+6) 9:10 (59)	9:03 (78) 0:59 (=) 9:26 (58)	10:29 (74) 1:26 (+4) 9:32 (67)	12:10 (74) 1:40 (-) 10:34 (85)
75	David Devine Rothervalley Swallows 5:17:27	Time & posn Stage & change min/km & rank	2:17 (118) 2:17 8:49 (118)	3:35 (99) 1:18 (+19) 7:45 (67)	5:07 (81) 1:31 (+18) 7:41 (50)	6:26 (75) 1:18 (+6) 8:35 (60)	7:51 (73) 1:24 (+2) 9:24 (61)	8:54 (72) 1:03 (+1) 10:00 (73)	10:28 (73) 1:34 (-1) 10:24 (96)	12:12 (75) 1:44 (-2) 10:56 (93)
76	Gemma Kirton 5:40:53	Time & posn Stage & change min/km & rank	2:18 (120) 2:18 8:51 (120)	3:43 (111) 1:25 (+9) 8:26 (84)	5:18 (91) 1:34 (+20) 7:56 (60)	6:29 (77) 1:11 (+14) 7:44 (32)	7:49 (70) 1:20 (+7) 8:56 (50)	8:51 (70) 1:01 (=) 9:45 (68)	10:24 (70) 1:33 (=) 10:14 (91)	12:13 (76) 1:48 (-6) 11:26 (106)
77	John Power Valley Hill Runners 5:58:37	Time & posn Stage & change min/km & rank	2:00 (88) 2:00 7:44 (88)	3:26 (86) 1:26 (+2) 8:31 (88)	5:07 (82) 1:40 (+4) 8:28 (75)	6:38 (83) 1:30 (-1) 9:52 (92)	8:20 (87) 1:41 (-4) 11:17 (111)	9:17 (83) 0:57 (+4) 9:03 (46)	10:38 (80) 1:21 (+3) 8:54 (45)	12:13 (77) 1:34 (33) 9:59 (64)
78	James Kirton Sheffield Triathlon Club 5:40:51	Time & posn Stage & change min/km & rank	2:18 (119) 2:18 8:51 (119)	3:43 (110) 1:25 (+9) 8:27 (87)	5:18 (91) 1:34 (+19) 7:56 (61)	6:29 (77) 1:11 (+14) 7:44 (31)	7:49 (70) 1:20 (+7) 8:56 (50)	8:51 (71) 1:01 (-1) 9:46 (69)	10:24 (71) 1:33 (=) 10:14 (92)	12:13 (78) 1:48 (-7) 11:27 (107)
79	Andrew Roscamp Handsworth Roadhogs 6:51:00	Time & posn Stage & change min/km & rank	1:45 (52) 1:45 6:45 (52)	2:59 (54) 1:14 (-2) 7:21 (53)	4:34 (54) 1:34 (=) 7:55 (59)	5:54 (53) 1:20 (+1) 8:42 (65)	7:29 (59) 1:35 (-6) 10:35 (99)	8:37 (60) 1:07 (-1) 10:44 (97)	10:30 (75) 1:52 (-15) 12:23 (139)	12:15 (79) 1:45 (-4) 11:07 (96)
80	Noel Urwin Free Runner 6:11:41	Time & posn Stage & change min/km & rank	1:53 (75) 1:53 7:16 (75)	3:25 (83) 1:32 (-8) 9:09 (108)	5:06 (78) 1:40 (+5) 8:24 (71)	6:34 (81) 1:28 (-3) 9:37 (88)	8:08 (79) 1:33 (+2) 10:25 (91)	9:08 (80) 0:59 (-1) 9:30 (60)	10:41 (81) 1:33 (-1) 10:13 (90)	12:16 (80) 1:35 (-1) 10:03 (66)
81	Gary Binns 6:11:38	Time & posn Stage & change min/km & rank	1:53 (76) 1:53 7:16 (76)	3:26 (85) 1:32 (-9) 9:10 (109)	5:06 (79) 1:40 (+6) 8:25 (72)	6:35 (82) 1:28 (-3) 9:39 (89)	8:08 (80) 1:33 (+2) 10:22 (90)	9:08 (81) 1:00 (-1) 9:32 (62)	10:41 (82) 1:32 (-1) 10:12 (86)	12:17 (81) 1:35 (+1) 10:05 (68)
82	Ian Hodge 5:35:37	Time & posn Stage & change min/km & rank	2:03 (96) 2:03 7:53 (96)	3:30 (91) 1:27 (+5) 8:39 (91)	5:16 (88) 1:46 (+3) 8:55 (85)	6:42 (87) 1:26 (+1) 9:22 (81)	8:10 (82) 1:27 (+5) 9:45 (75)	9:12 (82) 1:01 (=) 9:44 (67)	10:41 (83) 1:29 (-1) 9:49 (73)	12:17 (82) 1:36 (+1) 10:07 (71)
83	James Wilson 100 Marathon Club 6:47:53	Time & posn Stage & change min/km & rank	1:48 (58) 1:48 6:57 (58)	2:59 (52) 1:10 (+6) 6:59 (39)	4:37 (58) 1:38 (-6) 8:14 (67)	6:02 (60) 1:25 (-2) 9:19 (79)	7:32 (61) 1:29 (-1) 9:58 (78)	8:40 (62) 1:07 (-1) 10:43 (96)	10:33 (78) 1:52 (-16) 12:23 (140)	12:19 (83) 1:45 (-5) 11:09 (98)
84	Dave Stannard 5:30:20	Time & posn Stage & change min/km & rank	2:10 (109) 2:10 8:20 (109)	3:36 (100) 1:26 (+9) 8:32 (89)	5:21 (96) 1:44 (+4) 8:48 (80)	6:45 (89) 1:23 (+7) 9:05 (71)	8:17 (86) 1:32 (+3) 10:15 (85)	9:21 (86) 1:04 (=) 10:12 (80)	10:48 (84) 1:26 (+2) 9:29 (66)	12:20 (84) 1:32 (-) 9:46 (58)
85	Andrew Boulden LDWA 5:58:43	Time & posn Stage & change min/km & rank	2:21 (129) 2:21 9:03 (129)	3:54 (119) 1:33 (+10) 9:12 (111)	5:42 (114) 1:47 (+5) 9:04 (89)	7:06 (107) 1:24 (+7) 9:11 (74)	8:32 (93) 1:25 (+14) 9:30 (64)	9:30 (89) 0:58 (+4) 9:13 (50)	10:53 (86) 1:22 (+3) 9:03 (53)	12:22 (85) 1:29 (+1) 9:24 (50)
86	Vicki Howe LDWA 6:13:23	Time & posn Stage & change min/km & rank	2:01 (89) 2:01 7:46 (89)	3:34 (98) 1:32 (-9) 9:10 (110)	5:22 (98) 1:48 (=) 9:06 (92)	6:45 (89) 1:22 (+9) 8:59 (70)	8:12 (83) 1:27 (+6) 9:40 (70)	9:23 (87) 1:11 (-4) 11:19 (107)	10:55 (88) 1:32 (-1) 10:07 (85)	12:27 (86) 1:31 (+2) 9:40 (57)
87	Kate Simpson Sutton in Ashfield Harriers & 5:51:22	Time & posn Stage & change min/km & rank	2:14 (113) 2:14 8:38 (113)	3:48 (115) 1:33 (-2) 9:17 (114)	5:33 (110) 1:44 (+5) 8:48 (82)	7:05 (100) 1:31 (+10) 9:56 (94)	8:24 (89) 1:19 (+11) 8:47 (42)	9:29 (88) 1:05 (+1) 10:21 (84)	10:53 (87) 1:24 (-1) 9:16 (58)	12:27 (87) 1:33 (-) 9:52 (62)

Saturday, 7th October, 2023			Analysis of times for Round Rotherham						Individual Result	
Cumulative Time and Stage Time in hr:min			Pace in min:sec per km							
Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	Maltby 62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
88	Andrew Page Clowne Road Runners Club 6:40:19	Time & posn Stage & change min/km & rank	1:48 (57) 1:48 6:55 (57)	3:10 (71) 1:21 (-14) 8:06 (75)	4:58 (75) 1:48 (-4) 9:08 (93)	6:23 (73) 1:24 (+2) 9:08 (72)	8:31 (91) 2:08 (-18) 14:18 (166)	9:35 (91) 1:03 (=) 10:04 (75)	11:02 (90) 1:27 (+1) 9:33 (69)	12:36 (88) 1:33 (+2) 9:51 (61)
89	David Oxley 100 Marathon Club 6:00:30	Time & posn Stage & change min/km & rank	2:09 (108) 2:09 8:18 (108)	3:42 (109) 1:33 (-1) 9:13 (113)	5:35 (111) 1:52 (-2) 9:26 (104)	7:05 (104) 1:30 (+7) 9:49 (91)	8:32 (92) 1:26 (+12) 9:37 (69)	9:33 (90) 1:01 (+2) 9:46 (70)	11:02 (89) 1:28 (+1) 9:41 (70)	12:38 (89) 1:36 (=) 10:07 (70)
90	Bill McDonnell Pensby Runners 6:40:06	Time & posn Stage & change min/km & rank	2:07 (103) 2:07 8:08 (103)	3:28 (87) 1:21 (+16) 8:03 (74)	5:13 (86) 1:44 (+1) 8:48 (81)	6:42 (86) 1:29 (=) 9:42 (90)	8:12 (84) 1:29 (+2) 9:57 (77)	9:18 (85) 1:05 (-1) 10:26 (86)	10:50 (85) 1:32 (=) 10:06 (84)	12:38 (90) 1:48 (-5) 11:26 (104)
91	Steve McHugh Paul.Lavelle Foundation 6:25:22	Time & posn Stage & change min/km & rank	1:59 (87) 1:59 7:38 (87)	3:38 (103) 1:38 (-16) 9:47 (125)	5:30 (104) 1:52 (-1) 9:25 (102)	7:05 (102) 1:35 (+2) 10:20 (103)	8:36 (97) 1:31 (+5) 10:10 (80)	9:40 (96) 1:03 (+1) 10:07 (79)	11:11 (93) 1:30 (+3) 9:56 (78)	12:47 (91) 1:36 (+2) 10:09 (73)
=	Ian Doran 6:25:20	Time & posn Stage & change min/km & rank	2:07 (106) 2:07 8:10 (106)	3:38 (105) 1:30 (+1) 8:58 (103)	5:30 (106) 1:52 (-1) 9:25 (103)	7:05 (101) 1:34 (+5) 10:18 (102)	8:37 (99) 1:31 (+2) 10:12 (81)	9:40 (95) 1:03 (+4) 10:06 (76)	11:11 (92) 1:30 (+3) 9:56 (76)	12:47 (92) 1:36 (=) 10:10 (74)
=	James McHugh 6:25:23	Time & posn Stage & change min/km & rank	2:07 (106) 2:07 8:10 (106)	3:38 (104) 1:30 (+2) 8:58 (101)	5:30 (105) 1:52 (-1) 9:25 (101)	7:05 (103) 1:35 (+2) 10:20 (104)	8:36 (98) 1:31 (+5) 10:10 (79)	9:40 (94) 1:03 (+4) 10:06 (77)	11:11 (91) 1:30 (+3) 9:56 (76)	12:47 (92) 1:36 (-1) 10:11 (75)
94	Sandy Gee Stainland Lions Running Club 5:53:14	Time & posn Stage & change min/km & rank	2:06 (99) 2:06 8:05 (99)	3:37 (102) 1:31 (-3) 9:03 (105)	5:31 (108) 1:53 (-6) 9:33 (107)	7:03 (98) 1:31 (+10) 9:57 (95)	8:34 (95) 1:31 (+3) 10:12 (82)	9:48 (98) 1:13 (-3) 11:36 (109)	11:19 (96) 1:32 (+2) 10:01 (79)	12:52 (94) 1:32 (+2) 9:46 (59)
95	Kerry Dickinson Workshop Harriers 5:15:29	Time & posn Stage & change min/km & rank	2:06 (102) 2:06 8:08 (102)	3:41 (108) 1:34 (-6) 9:19 (115)	5:32 (109) 1:51 (-1) 9:20 (95)	7:03 (99) 1:31 (+10) 9:56 (93)	8:31 (90) 1:27 (+9) 9:45 (74)	9:36 (92) 1:04 (-2) 10:16 (82)	11:14 (95) 1:38 (-3) 10:48 (109)	12:55 (95) 1:40 (=) 10:34 (85)
96	Mike Jones (Brf) 7:00:58	Time & posn Stage & change min/km & rank	1:56 (80) 1:56 7:26 (80)	3:21 (78) 1:25 (+2) 8:27 (85)	5:09 (84) 1:48 (-6) 9:05 (91)	6:46 (92) 1:36 (-8) 10:28 (112)	8:23 (88) 1:36 (+4) 10:46 (102)	9:36 (93) 1:13 (-5) 11:40 (111)	11:14 (94) 1:37 (-1) 10:42 (105)	13:04 (96) 1:50 (-2) 11:34 (110)
97	Kerry Friskney Rawmarsh Runners 6:13:16	Time & posn Stage & change min/km & rank	2:04 (98) 2:04 7:57 (98)	3:32 (97) 1:28 (+1) 8:45 (93)	5:27 (103) 1:54 (-6) 9:38 (108)	7:08 (108) 1:40 (-5) 10:57 (122)	8:42 (100) 1:34 (+8) 10:33 (97)	9:57 (99) 1:14 (+1) 11:53 (116)	11:30 (98) 1:33 (+1) 10:13 (89)	13:10 (97) 1:39 (+1) 10:26 (83)
98	Richard Izdebski Swaledale Runners 6:32:04	Time & posn Stage & change min/km & rank	1:52 (74) 1:52 7:12 (74)	3:17 (77) 1:24 (-3) 8:24 (81)	5:16 (89) 1:59 (-12) 10:01 (122)	7:01 (96) 1:44 (-7) 11:23 (134)	8:33 (94) 1:32 (+2) 10:13 (84)	9:42 (97) 1:09 (-3) 11:00 (101)	11:30 (97) 1:47 (=) 11:46 (125)	13:27 (98) 1:57 (-1) 12:20 (128)
99	Tony Sanderson 5:47:50	Time & posn Stage & change min/km & rank	2:01 (90) 2:01 7:46 (90)	3:29 (90) 1:28 (=) 8:45 (94)	5:21 (97) 1:51 (-7) 9:22 (98)	6:53 (93) 1:32 (+4) 10:00 (97)	8:50 (102) 1:57 (-9) 13:02 (141)	9:58 (100) 1:07 (+2) 10:43 (95)	11:38 (99) 1:40 (+1) 11:02 (112)	13:31 (99) 1:53 (=) 11:55 (122)
100	Lauren Beasley Rotherham Running Club 5:46:20	Time & posn Stage & change min/km & rank	2:02 (91) 2:02 7:51 (91)	3:31 (93) 1:28 (-2) 8:46 (97)	5:22 (99) 1:51 (-6) 9:22 (97)	6:54 (94) 1:32 (+5) 10:00 (96)	8:52 (103) 1:57 (-9) 13:03 (143)	9:59 (101) 1:07 (+2) 10:42 (94)	11:42 (101) 1:42 (=) 11:15 (117)	13:33 (100) 1:51 (+1) 11:42 (115)
101	Nick Stubley One More Mile 6:14:20	Time & posn Stage & change min/km & rank	2:02 (95) 2:02 7:53 (95)	3:26 (84) 1:23 (+11) 8:13 (76)	5:16 (90) 1:50 (-6) 9:18 (94)	7:06 (105) 1:49 (-15) 11:54 (146)	8:49 (101) 1:43 (+4) 11:29 (113)	10:00 (104) 1:10 (-3) 11:15 (105)	11:41 (100) 1:40 (+4) 11:01 (110)	13:33 (101) 1:52 (-1) 11:50 (118)
102	Nigel Coates (GtA) 5:55:23	Time & posn Stage & change min/km & rank	2:17 (116) 2:17 8:48 (116)	3:56 (123) 1:39 (-7) 9:49 (127)	5:50 (120) 1:53 (+3) 9:32 (106)	7:26 (114) 1:35 (+6) 10:25 (109)	9:05 (106) 1:39 (+8) 11:01 (108)	10:13 (105) 1:08 (+1) 10:52 (99)	11:50 (105) 1:36 (=) 10:38 (103)	13:33 (102) 1:43 (+3) 10:51 (91)
103	Louise Taylor Kimberworth Striders 5:47:14	Time & posn Stage & change min/km & rank	2:20 (128) 2:20 8:58 (128)	3:59 (127) 1:39 (+1) 9:53 (128)	6:00 (128) 2:00 (-1) 10:06 (126)	7:28 (115) 1:28 (+13) 9:35 (87)	9:11 (108) 1:43 (+7) 11:26 (112)	10:15 (106) 1:32 (+2) 10:07 (78)	11:50 (104) 1:35 (+2) 10:27 (97)	13:33 (103) 1:43 (+1) 10:53 (92)
104	Martin Knight Maltby Running Club 6:00:14	Time & posn Stage & change min/km & rank	2:14 (111) 2:14 8:37 (111)	3:45 (112) 1:30 (-1) 8:58 (100)	5:36 (112) 1:51 (=) 9:21 (96)	7:10 (109) 1:34 (+3) 10:15 (101)	8:36 (96) 1:25 (+13) 9:31 (65)	9:59 (102) 1:23 (-6) 13:13 (147)	11:43 (103) 1:43 (-1) 11:21 (118)	13:48 (104) 2:05 (-1) 13:10 (138)
105	Stephen Hall Skipton AC 6:25:25	Time & posn Stage & change min/km & rank	2:19 (124) 2:19 8:56 (124)	3:58 (124) 1:38 (=) 9:47 (124)	5:54 (122) 1:55 (+2) 9:42 (111)	7:34 (120) 1:40 (+2) 10:52 (117)	9:12 (109) 1:38 (+11) 10:58 (107)	10:28 (108) 1:16 (+1) 12:04 (119)	11:57 (106) 1:28 (+1) 9:45 (72)	13:53 (105) 1:56 (+1) 12:13 (126)
=	Janice Barker LDWA 6:25:27	Time & posn Stage & change min/km & rank	2:19 (125) 2:19 8:56 (125)	3:58 (125) 1:38 (=) 9:47 (125)	5:54 (122) 1:55 (+3) 9:42 (110)	7:34 (121) 1:40 (+1) 10:52 (118)	9:12 (110) 1:38 (+11) 10:58 (106)	10:28 (109) 1:16 (+1) 12:04 (120)	11:57 (106) 1:28 (+1) 9:45 (71)	13:53 (106) 1:56 (=) 12:13 (127)
107	Andrew West 5:58:32	Time & posn Stage & change min/km & rank	2:31 (142) 2:31 9:41 (142)	4:14 (139) 1:43 (+3) 10:16 (137)	6:16 (136) 2:01 (+3) 10:14 (129)	7:53 (129) 1:37 (+7) 10:33 (113)	9:31 (121) 1:37 (+8) 10:52 (103)	10:40 (115) 1:08 (+6) 10:56 (100)	12:13 (109) 1:33 (+6) 10:14 (92)	13:58 (107) 1:44 (+2) 10:58 (94)
108	Bill Crowther 7:04:33	Time & posn Stage & change min/km & rank	2:14 (112) 2:14 8:38 (112)	3:50 (116) 1:35 (-4) 9:28 (118)	5:47 (115) 1:57 (+1) 9:52 (114)	7:23 (111) 1:35 (+4) 10:23 (107)	9:32 (122) 1:13 (-11) 14:17 (162)	10:45 (117) 1:13 (+5) 11:42 (113)	12:18 (113) 1:33 (+4) 10:14 (92)	13:59 (108) 1:41 (+5) 10:38 (89)
=	Dawn Comerie 7:04:31	Time & posn Stage & change min/km & rank	2:14 (114) 2:14 8:39 (114)	3:50 (117) 1:35 (-3) 9:28 (120)	5:47 (116) 1:57 (+1) 9:51 (113)	7:23 (113) 1:35 (+3) 10:23 (108)	9:32 (123) 1:13 (-10) 14:16 (161)	10:46 (118) 1:13 (+5) 11:44 (115)	12:19 (114) 1:32 (+4) 10:12 (88)	14:00 (109) 1:41 (+5) 10:38 (88)
=	Simon Broughton 7:04:28	Time & posn Stage & change min/km & rank	2:15 (115) 2:15 8:39 (115)	3:50 (118) 1:35 (-3) 9:28 (119)	5:47 (116) 1:57 (+2) 9:51 (112)	7:23 (112) 1:35 (+4) 10:23 (106)	9:32 (124) 1:13 (-3) 14:18 (164)	10:46 (119) 1:13 (+5) 11:44 (114)	12:19 (115) 1:32 (+4) 10:12 (87)	14:00 (110) 1:41 (+5) 10:38 (90)
111	Stuart Frith Rotherham Running Club 5:46:23	Time & posn Stage & change min/km & rank	2:02 (93) 2:02 7:52 (93)	3:31 (94) 1:28 (-1) 8:46 (95)	5:22 (100) 1:51 (-6) 9:22 (98)	6:55 (95) 1:32 (+5) 10:00 (98)	8:52 (104) 1:57 (-9) 13:03 (142)	9:59 (102) 1:07 (+2) 10:41 (93)	11:42 (102) 1:42 (=) 11:15 (116)	14:01 (111) 2:18 (-9) 14:37 (155)
112	Janet Hill Ludlow Runners 5:57:03	Time & posn Stage & change min/km & rank	2:26 (137) 2:26 9:23 (137)	4:07 (134) 1:40 (+3) 9:57 (132)	6:05 (130) 1:58 (+4) 9:58 (118)	7:47 (124) 1:41 (+6) 11:05 (125)	9:22 (115) 1:34 (+9) 10:28 (94)	10:33 (111) 1:11 (+4) 11:16 (106)	12:13 (108) 1:40 (+3) 11:01 (111)	14:02 (112) 1:48 (-4) 11:26 (104)
113	Jim Fulton 5:37:34	Time & posn Stage & change min/km & rank	2:25 (134) 2:25 9:19 (134)	4:06 (132) 1:41 (+2) 10:00 (133)	6:08 (132) 2:02 (=) 10:16 (131)	7:51 (128) 1:42 (+4) 11:10 (127)	9:30 (117) 1:38 (+11) 10:57 (104)	10:50 (122) 1:19 (-5) 12:39 (136)	12:26 (118) 1:36 (+4) 10:37 (102)	14:05 (113) 1:38 (+5) 10:23 (81)
=	Martin Payne Lancashire Walking Club 5:37:37	Time & posn Stage & change min/km & rank	2:25 (133) 2:25 9:19 (133)	4:06 (132) 1:41 (+1) 10:00 (134)	6:08 (132) 2:02 (=) 10:16 (131)	7:51 (127) 1:42 (+5) 11:10 (126)	9:30 (118) 1:38 (+9) 10:57 (105)	10:50 (121) 1:19 (-3) 12:38 (135)	12:26 (117) 1:36 (+4) 10:37 (101)	14:05 (114) 1:38 (+3) 10:24 (82)
115	Sue Cunningham LDWA 5:50:38	Time & posn Stage & change min/km & rank	2:28 (138) 2:28 9:29 (138)	4:11 (138) 1:43 (=) 10:14 (136)	6:13 (134) 2:01 (+4) 10:12 (128)	7:54 (131) 1:41 (+3) 11:02 (124)	9:27 (116) 1:32 (+15) 10:15 (86)	10:38 (112) 1:11 (+4) 11:21 (108)	12:14 (110) 1:35 (+2) 10:28 (98)	14:05 (115) 1:51 (-5) 11:44 (116)
116	Paul Barlow 4:15:34	Time & posn Stage & change min/km & rank	2:40 (157) 2:40 10:15 (157)	4:30 (147) 1:50 (+10) 10:55 (141)	6:31 (143) 2:01 (+4) 10:11 (127)	8:07 (135) 1:36 (+8) 10:27 (111)	9:40 (128) 1:32 (+7) 10:17 (87)	10:48 (120) 1:07 (+8) 10:45 (98)	12:29 (121) 1:41 (-1) 11:07 (113)	14:05 (116) 1:36 (+5) 10:08 (72)

Saturday, 7th October, 2023

Analysis of times for Round Rotherham

Individual Result

Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	Maltby 62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
117	John Morgan Spencer Dark Peak Fell Runners 5:24:38	Time & posn Stage & change min/km & rank	2:07 (105) 2:07 8:09 (105)	3:45 (113) 1:37 (-8) 9:41 (121)	5:49 (118) 2:04 (-5) 10:29 (140)	7:29 (117) 1:39 (+1) 10:46 (116)	9:17 (112) 1:48 (+5) 12:05 (124)	10:39 (113) 1:21 (-1) 13:00 (142)	12:17 (111) 1:37 (+2) 10:43 (106)	14:15 (117) 1:57 (-6) 12:23 (129)
118	Pam Baird The Irregulars LDWA 5:55:21	Time & posn Stage & change min/km & rank	2:18 (121) 2:18 8:52 (121)	3:56 (122) 1:38 (-1) 9:43 (123)	5:51 (121) 1:55 (+1) 9:39 (109)	7:33 (119) 1:41 (+2) 11:01 (123)	9:16 (111) 1:43 (+8) 11:30 (114)	10:32 (110) 1:16 (-1) 12:06 (122)	12:24 (116) 1:51 (-6) 12:17 (138)	14:17 (118) 1:52 (-2) 11:53 (120)
119	Judith Webb 100 Marathon Club 5:56:43	Time & posn Stage & change min/km & rank	2:33 (145) 2:33 9:51 (145)	4:19 (143) 1:45 (+2) 10:27 (138)	6:23 (139) 2:03 (+4) 10:24 (137)	8:02 (134) 1:39 (+5) 10:46 (115)	9:37 (125) 1:34 (+9) 10:31 (96)	10:50 (123) 1:13 (+2) 11:41 (112)	12:28 (120) 1:37 (+3) 10:41 (104)	14:20 (119) 1:52 (+1) 11:51 (119)
120	Claire Angus Doncaster Athletic Club 5:24:36	Time & posn Stage & change min/km & rank	2:07 (104) 2:07 8:09 (104)	3:45 (114) 1:38 (-10) 9:42 (122)	5:50 (119) 2:04 (-5) 10:29 (139)	7:28 (116) 1:38 (+3) 10:45 (114)	9:18 (113) 1:49 (+3) 12:07 (125)	10:39 (114) 1:21 (-1) 12:59 (141)	12:17 (112) 1:37 (+2) 10:43 (107)	14:24 (120) 2:06 (-8) 13:19 (139)
121	Kathryn Smith 6:10:49	Time & posn Stage & change min/km & rank	2:03 (97) 2:03 7:56 (97)	3:38 (107) 1:34 (-10) 9:20 (116)	5:40 (113) 2:02 (-6) 10:17 (135)	7:31 (118) 1:50 (-5) 12:00 (147)	9:21 (114) 1:50 (+4) 12:14 (127)	10:40 (116) 1:19 (-2) 12:33 (134)	12:30 (122) 1:49 (-6) 12:02 (135)	14:30 (121) 1:59 (+1) 12:36 (133)
122	Fred Hamond Lagan Valley Athletic Club 6:34:19	Time & posn Stage & change min/km & rank	2:31 (143) 2:31 9:41 (143)	4:11 (137) 1:39 (+6) 9:53 (129)	6:17 (137) 2:06 (=) 10:35 (141)	8:01 (133) 1:43 (+4) 11:17 (132)	9:47 (131) 1:46 (+2) 11:51 (118)	11:01 (129) 1:13 (+2) 11:36 (109)	12:42 (123) 1:41 (+3) 11:07 (114)	14:32 (122) 1:50 (+1) 11:37 (111)
123	Jayne Glynn 4:14:59	Time & posn Stage & change min/km & rank	2:40 (160) 2:40 10:18 (160)	4:32 (151) 1:51 (+9) 11:01 (145)	6:35 (146) 2:03 (+5) 10:24 (138)	8:16 (142) 1:40 (+4) 10:56 (121)	10:05 (135) 1:48 (+7) 12:02 (123)	11:11 (132) 1:06 (+3) 10:36 (92)	12:46 (124) 1:34 (+8) 10:22 (95)	14:41 (123) 1:55 (+1) 12:08 (124)
124	Stuart Hayes LDWA 4:14:50	Time & posn Stage & change min/km & rank	2:40 (159) 2:40 10:17 (159)	4:30 (148) 1:50 (+11) 10:53 (140)	6:33 (144) 2:02 (+4) 10:16 (134)	8:09 (137) 1:35 (+7) 10:25 (110)	9:49 (132) 1:40 (+5) 11:12 (110)	11:00 (128) 1:10 (+4) 11:15 (104)	12:46 (125) 1:45 (+3) 11:36 (120)	14:41 (124) 1:55 (+1) 12:08 (124)
125	Judith Kippax Valley Hill Runners 5:52:47	Time & posn Stage & change min/km & rank	2:24 (132) 2:24 9:15 (132)	3:54 (120) 1:30 (+12) 8:57 (99)	5:54 (124) 1:59 (-4) 10:00 (120)	7:49 (125) 1:55 (-1) 12:33 (157)	9:39 (127) 1:50 (-2) 12:15 (129)	10:59 (127) 1:19 (-5) 12:40 (138)	12:48 (127) 1:48 (-7) 11:56 (133)	14:48 (125) 1:59 (-2) 12:36 (132)
=	Jonathan Gratton Kingstone Runners Barnsley 5:52:52	Time & posn Stage & change min/km & rank	2:24 (131) 2:24 9:15 (131)	3:54 (120) 1:30 (+11) 8:58 (101)	5:54 (125) 1:59 (-5) 10:00 (121)	7:49 (126) 1:55 (-1) 12:32 (156)	9:39 (126) 1:50 (=) 12:15 (128)	10:59 (126) 1:19 (-5) 12:39 (137)	12:48 (126) 1:48 (=) 11:56 (132)	14:48 (126) 2:00 (=) 12:38 (134)
127	Richard Cranswick Stubbington Green Runners 6:15:28	Time & posn Stage & change min/km & rank	2:32 (144) 2:32 9:47 (144)	4:19 (142) 1:46 (+2) 10:32 (139)	6:21 (138) 2:02 (+4) 10:16 (133)	7:55 (132) 1:34 (+6) 10:13 (100)	9:40 (129) 1:45 (+3) 11:40 (115)	11:08 (130) 1:27 (-1) 13:57 (158)	12:55 (128) 1:47 (+3) 11:47 (126)	14:59 (127) 2:04 (+1) 13:04 (137)
128	Michelle Hutchison Manvers Water Front Running 4:07:28	Time & posn Stage & change min/km & rank	2:37 (147) 2:37 10:05 (147)	4:38 (159) 2:01 (-12) 11:58 (164)	6:49 (152) 2:11 (+7) 11:00 (144)	8:32 (145) 1:43 (+7) 11:12 (130)	10:19 (138) 1:47 (+7) 11:54 (120)	11:37 (136) 1:17 (+2) 12:14 (128)	13:13 (132) 1:36 (+4) 10:36 (100)	15:00 (128) 1:46 (+4) 11:12 (101)
=	Darren Seed LDWA 4:07:19	Time & posn Stage & change min/km & rank	2:37 (148) 2:37 10:06 (148)	4:38 (160) 2:00 (-12) 11:58 (163)	6:49 (153) 2:11 (+7) 11:01 (145)	8:32 (146) 1:43 (+7) 11:13 (131)	10:20 (139) 1:47 (+7) 11:53 (119)	11:37 (137) 1:17 (+2) 12:15 (129)	13:13 (133) 1:36 (+4) 10:36 (99)	15:00 (129) 1:46 (+4) 11:12 (102)
130	Richard Townsend Saltwell Harriers 5:38:35	Time & posn Stage & change min/km & rank	2:28 (139) 2:28 9:30 (139)	4:19 (144) 1:51 (-5) 11:00 (144)	6:34 (145) 2:15 (-1) 11:21 (152)	8:20 (143) 1:46 (+2) 11:32 (137)	10:08 (136) 1:48 (+7) 12:00 (122)	11:24 (133) 1:15 (+3) 12:03 (117)	13:08 (131) 1:43 (+2) 11:22 (119)	15:01 (130) 1:53 (+1) 11:54 (121)
131	Judith Mallon Valley Hill Runners 5:47:16	Time & posn Stage & change min/km & rank	2:19 (126) 2:19 8:58 (126)	3:59 (126) 1:39 (=) 9:53 (130)	5:59 (127) 1:59 (-1) 10:04 (125)	7:40 (122) 1:40 (+5) 10:54 (119)	9:30 (119) 1:50 (+3) 12:16 (130)	10:54 (124) 1:24 (-5) 13:22 (152)	12:58 (129) 2:03 (-5) 13:32 (158)	15:06 (131) 2:07 (-2) 13:27 (140)
132	Tina Pass Valley Hill Runners 5:47:12	Time & posn Stage & change min/km & rank	2:20 (127) 2:20 8:58 (127)	4:00 (128) 1:59 (-1) 9:53 (131)	5:59 (126) 1:59 (+2) 10:03 (123)	7:40 (123) 1:40 (+3) 10:55 (120)	9:31 (120) 1:51 (+3) 12:20 (133)	10:55 (125) 1:23 (-5) 13:16 (148)	12:58 (130) 2:03 (-5) 13:32 (157)	15:06 (132) 2:08 (-2) 13:28 (141)
133	David Toth 6:43:06	Time & posn Stage & change min/km & rank	2:18 (122) 2:18 8:53 (122)	4:09 (135) 1:50 (-13) 10:58 (143)	6:24 (140) 2:14 (-5) 11:19 (150)	8:12 (139) 1:47 (+1) 11:43 (142)	10:03 (133) 1:51 (+6) 12:20 (132)	11:26 (134) 1:23 (-1) 13:17 (150)	13:14 (134) 1:47 (=) 11:51 (127)	15:26 (133) 2:11 (+1) 13:53 (145)
=	Mark Dalton Team Hardmoors 6:43:04	Time & posn Stage & change min/km & rank	2:18 (123) 2:18 8:53 (123)	4:09 (136) 1:50 (-13) 10:58 (142)	6:24 (141) 2:14 (-5) 11:19 (151)	8:12 (140) 1:47 (+1) 11:43 (143)	10:03 (134) 1:50 (+6) 12:19 (131)	11:26 (135) 1:23 (-1) 13:17 (149)	13:15 (135) 1:48 (=) 11:52 (128)	15:27 (134) 2:12 (+1) 13:54 (146)
135	Jayne Abdy LDWA 4:14:47	Time & posn Stage & change min/km & rank	2:40 (162) 2:40 10:18 (162)	4:32 (153) 1:51 (+9) 11:01 (145)	6:48 (151) 2:16 (+2) 11:29 (155)	8:35 (148) 1:46 (+3) 11:34 (139)	10:42 (147) 2:07 (+1) 14:09 (157)	11:59 (141) 1:16 (+6) 12:10 (125)	13:46 (139) 1:47 (+2) 11:46 (124)	15:46 (135) 1:59 (+4) 12:35 (130)
=	Richard Abdy 4:14:52	Time & posn Stage & change min/km & rank	2:40 (160) 2:40 10:18 (160)	4:32 (152) 1:51 (+8) 11:01 (147)	6:48 (150) 2:16 (+2) 11:28 (153)	8:35 (147) 1:46 (+3) 11:34 (140)	10:42 (146) 2:07 (+1) 14:11 (158)	11:59 (140) 1:16 (+6) 12:09 (124)	13:46 (138) 1:47 (+2) 11:46 (123)	15:46 (136) 1:59 (-2) 12:36 (131)
137	Paul Clarke LDWA 3:54:16	Time & posn Stage & change min/km & rank	2:42 (163) 2:42 10:23 (163)	4:36 (156) 1:54 (+7) 11:19 (157)	6:54 (156) 2:17 (=) 11:33 (156)	8:46 (153) 1:52 (+3) 12:13 (151)	10:34 (145) 1:47 (+8) 11:57 (121)	11:51 (139) 1:17 (+6) 12:20 (130)	13:44 (137) 1:52 (+2) 12:24 (141)	15:47 (137) 2:02 (=) 12:51 (135)
138	Rebecca Marsden Rotherham Harriers and AC 5:58:25	Time & posn Stage & change min/km & rank	2:25 (135) 2:25 9:20 (135)	4:17 (140) 1:51 (-5) 11:03 (148)	6:27 (142) 2:10 (-2) 10:56 (143)	8:14 (141) 1:46 (+1) 11:36 (141)	10:23 (140) 2:09 (+1) 14:22 (170)	11:46 (138) 1:22 (+2) 13:07 (144)	13:41 (136) 1:55 (+2) 12:41 (144)	15:53 (138) 2:11 (-2) 13:48 (142)
139	Peter Owen 5:44:33	Time & posn Stage & change min/km & rank	2:44 (165) 2:44 10:31 (165)	4:37 (157) 1:52 (+8) 11:10 (153)	7:02 (161) 2:25 (-4) 12:11 (167)	8:55 (157) 1:53 (+4) 12:19 (153)	11:01 (155) 2:05 (+2) 13:59 (154)	12:19 (150) 1:17 (+5) 12:22 (132)	14:07 (140) 1:48 (+10) 11:55 (130)	15:57 (139) 1:49 (+1) 11:34 (108)
=	Nick Reed 5:44:36	Time & posn Stage & change min/km & rank	2:44 (166) 2:44 10:31 (166)	4:37 (158) 1:52 (+8) 11:10 (154)	7:02 (162) 2:25 (-4) 12:11 (168)	8:55 (158) 1:53 (+4) 12:18 (152)	11:01 (156) 2:05 (+2) 13:59 (153)	12:19 (150) 1:17 (+6) 12:21 (131)	14:07 (141) 1:48 (+9) 11:55 (131)	15:57 (140) 1:50 (+1) 11:34 (109)
141	Vikki Kemp LDWA 3:56:09	Time & posn Stage & change min/km & rank	2:50 (169) 2:50 10:54 (169)	4:57 (170) 2:07 (-1) 12:38 (169)	7:16 (169) 2:18 (=) 11:38 (157)	9:16 (164) 2:00 (+6) 13:03 (159)	11:07 (159) 1:51 (+5) 12:20 (134)	12:23 (153) 1:16 (+6) 12:04 (121)	14:13 (147) 1:49 (+6) 12:02 (136)	16:04 (141) 1:50 (+6) 11:38 (113)
=	Nicola Ward Finedon Gladstone 3:56:11	Time & posn Stage & change min/km & rank	2:50 (170) 2:50 10:54 (170)	4:57 (169) 2:07 (+1) 12:38 (168)	7:16 (169) 2:18 (=) 11:38 (158)	9:16 (165) 2:00 (+4) 13:04 (160)	11:07 (160) 1:51 (+5) 12:21 (135)	12:23 (154) 1:16 (+6) 12:03 (118)	14:13 (148) 1:49 (+6) 12:02 (136)	16:04 (142) 1:50 (+6) 11:38 (112)
143	Timothy Laycock LDWA 3:54:18	Time & posn Stage & change min/km & rank	2:42 (164) 2:42 10:23 (164)	4:57 (168) 2:15 (-4) 13:25 (182)	7:14 (168) 2:16 (=) 11:29 (154)	9:03 (163) 1:48 (+5) 11:49 (145)	10:57 (154) 1:53 (+9) 12:38 (140)	12:19 (152) 1:22 (+2) 13:07 (143)	14:17 (151) 1:58 (+1) 12:58 (146)	16:11 (143) 1:53 (+8) 11:59 (123)
144	Amie Ledger Barnsley Harriers 3:56:14	Time & posn Stage & change min/km & rank	2:40 (156) 2:40 10:15 (156)	4:39 (161) 1:59 (-5) 11:47 (161)	6:50 (154) 2:11 (+7) 11:03 (147)	8:45 (151) 1:54 (+3) 12:27 (154)	10:45 (148) 2:00 (+3) 13:20 (148)	12:15 (146) 1:30 (+2) 14:20 (162)	14:11 (145) 1:55 (+1) 12:40 (143)	16:24 (144) 2:13 (+1) 14:02 (148)
=	Richard Spooner Barnsley Harriers 3:56:16	Time & posn Stage & change min/km & rank	2:40 (158) 2:40 10:16 (158)	4:39 (162) 1:58 (-4) 11:46 (160)	6:50 (154) 2:11 (+8) 11:03 (146)	8:45 (152) 1:54 (+2) 12:27 (155)	10:45 (149) 2:00 (+3) 13:20 (149)	12:15 (146) 1:30 (+3) 14:19 (160)	14:11 (144) 1:55 (+2) 12:39 (142)	16:24 (145) 2:13 (-1) 14:02 (149)

Saturday, 7th October, 2023

Analysis of times for Round Rotherham

Individual Result

Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
146	Natalie Aird LDWA 5:26:48	Time & posn Stage & change min/km & rank	2:38 (150) 2:38 10:08 (150)	4:32 (155) 1:54 (-5) 11:19 (156)	7:05 (164) 2:32 (-9) 12:49 (181)	8:57 (159) 1:52 (+5) 12:12 (149)	10:49 (150) 1:51 (+9) 12:23 (138)	12:10 (145) 1:21 (+5) 12:57 (140)	14:09 (142) 1:58 (+3) 13:00 (148)	16:29 (146) 2:20 (-4) 14:47 (156)
=	Martyn Hollingworth LDWA 5:26:50	Time & posn Stage & change min/km & rank	2:38 (149) 2:38 10:08 (149)	4:32 (154) 1:54 (-5) 11:19 (155)	7:05 (165) 2:32 (-11) 12:49 (182)	8:57 (160) 1:52 (+5) 12:13 (150)	10:49 (151) 1:51 (+9) 12:23 (137)	12:10 (144) 1:21 (+7) 12:56 (139)	14:09 (143) 1:58 (+1) 13:00 (149)	16:29 (147) 2:20 (-4) 14:47 (157)
148	Suzanne Leusby Clowne Road Runners Club 5:42:31	Time & posn Stage & change min/km & rank	2:17 (117) 2:17 8:48 (117)	4:17 (141) 1:59 (-24) 11:52 (162)	6:41 (147) 2:23 (-6) 12:04 (164)	8:31 (144) 1:50 (+3) 12:02 (148)	10:34 (144) 2:02 (=) 13:34 (150)	12:07 (142) 1:33 (+2) 14:46 (166)	14:12 (146) 2:05 (-4) 13:47 (159)	16:30 (148) 2:18 (-2) 14:33 (154)
149	Andrew Hargreaves	Time & posn Stage & change min/km & rank	2:29 (140) 2:29 9:35 (140)	4:22 (145) 1:52 (-5) 11:07 (151)	6:44 (148) 2:22 (-3) 11:57 (162)	8:51 (155) 2:07 (-7) 13:49 (175)	10:51 (153) 1:59 (+2) 13:16 (146)	12:19 (148) 1:27 (+6) 13:56 (155)	14:17 (150) 1:58 (-2) 12:58 (147)	16:32 (149) 2:14 (+1) 14:11 (151)
150	Carl Woollins 5:37:42	Time & posn Stage & change min/km & rank	2:29 (141) 2:29 9:36 (141)	4:22 (146) 1:52 (-5) 11:08 (152)	6:44 (149) 2:22 (-3) 11:58 (163)	8:51 (154) 2:07 (-5) 13:48 (174)	10:51 (152) 1:59 (+2) 13:16 (147)	12:19 (149) 1:27 (+6) 13:56 (156)	14:20 (152) 2:01 (-3) 13:20 (151)	16:35 (150) 2:15 (+2) 14:15 (152)
151	Sabeersha Basheerkutty LDWA 6:40:25	Time & posn Stage & change min/km & rank	2:25 (136) 2:25 9:20 (136)	4:01 (129) 1:35 (+7) 9:26 (117)	6:00 (129) 2:59 (=) 10:03 (124)	8:08 (136) 2:07 (-7) 13:53 (176)	10:32 (143) 2:23 (-7) 15:57 (178)	12:08 (143) 1:35 (=) 15:12 (167)	14:16 (149) 2:08 (-6) 14:06 (164)	16:57 (151) 2:40 (-2) 16:55 (170)
152	Angela Walton 3:54:12	Time & posn Stage & change min/km & rank	2:51 (171) 2:51 10:59 (171)	4:59 (171) 2:08 (=) 12:41 (171)	7:30 (171) 2:30 (-1) 12:37 (179)	9:39 (168) 2:09 (+3) 14:01 (177)	11:41 (163) 2:02 (+5) 13:38 (151)	13:04 (157) 1:22 (+6) 13:09 (145)	15:07 (153) 2:02 (+4) 13:27 (156)	17:18 (152) 2:11 (+1) 13:48 (142)
=	Tony Walton 3:54:09	Time & posn Stage & change min/km & rank	2:51 (172) 2:51 10:59 (172)	4:59 (171) 2:08 (+1) 12:41 (170)	7:30 (172) 2:30 (-1) 12:38 (180)	9:39 (169) 2:09 (+3) 14:01 (178)	11:41 (164) 2:02 (+5) 13:38 (152)	13:04 (158) 1:22 (+6) 13:09 (145)	15:07 (154) 2:02 (+4) 13:27 (155)	17:18 (153) 2:11 (+1) 13:49 (144)
154	Graham Fry FRA 3:54:35	Time & posn Stage & change min/km & rank	3:04 (180) 3:04 11:50 (180)	5:13 (177) 2:09 (+3) 12:46 (175)	7:40 (177) 2:26 (=) 12:19 (173)	9:42 (171) 2:02 (+6) 13:17 (163)	12:04 (171) 2:21 (=) 15:44 (175)	13:20 (162) 1:16 (+9) 12:07 (123)	15:16 (155) 2:08 (+7) 12:45 (145)	17:20 (154) 2:03 (+1) 13:02 (136)
155	Gavin Stacey 5:45:22	Time & posn Stage & change min/km & rank	2:55 (173) 2:55 11:15 (173)	5:04 (173) 2:08 (=) 12:44 (173)	7:34 (173) 2:30 (=) 12:36 (178)	9:36 (167) 2:02 (+6) 13:19 (165)	11:34 (162) 1:57 (+5) 13:04 (144)	13:04 (159) 1:30 (+3) 14:20 (163)	15:19 (157) 2:14 (+2) 14:46 (168)	17:40 (155) 2:21 (+2) 14:51 (158)
=	Brian McGeachie 5:45:18	Time & posn Stage & change min/km & rank	2:55 (174) 2:55 11:15 (174)	5:04 (174) 2:08 (=) 12:44 (172)	7:34 (173) 2:30 (+1) 12:36 (177)	9:36 (166) 2:02 (+7) 13:19 (164)	11:34 (161) 1:57 (+5) 13:04 (144)	13:04 (159) 1:30 (+2) 14:21 (165)	15:18 (156) 2:13 (+3) 14:42 (167)	17:40 (156) 2:21 (=) 14:56 (159)
157	Katherine Anthony 4:10:31	Time & posn Stage & change min/km & rank	3:00 (177) 3:00 11:34 (177)	5:28 (187) 2:27 (-10) 14:38 (190)	8:20 (190) 2:52 (-3) 14:27 (191)	10:37 (182) 2:17 (+8) 14:55 (181)	12:56 (177) 2:18 (+5) 15:25 (173)	14:13 (171) 1:16 (+6) 12:11 (127)	16:01 (165) 1:48 (+6) 11:53 (129)	17:47 (157) 1:45 (+8) 11:08 (97)
158	John Mcnamara 3:55:59	Time & posn Stage & change min/km & rank	2:58 (175) 2:58 11:25 (175)	5:08 (175) 2:10 (=) 12:53 (176)	7:36 (175) 2:28 (=) 12:28 (175)	9:54 (177) 2:17 (-2) 14:55 (180)	12:01 (170) 2:07 (+7) 14:08 (156)	13:37 (167) 1:35 (+3) 15:13 (168)	15:37 (158) 2:00 (+9) 13:14 (150)	18:02 (158) 2:24 (=) 15:13 (166)
159	Dawn Farran 3:54:23	Time & posn Stage & change min/km & rank	3:04 (180) 3:04 11:50 (180)	5:21 (184) 2:16 (-4) 13:33 (184)	8:01 (183) 2:39 (+1) 13:26 (183)	10:04 (178) 2:03 (+5) 13:24 (167)	12:17 (174) 2:12 (+4) 14:45 (172)	13:48 (168) 1:30 (+6) 14:20 (161)	15:50 (164) 2:02 (+4) 13:25 (154)	18:03 (159) 2:13 (+5) 14:02 (147)
=	Paul Beasley Sutton in Ashfield Harriers & 3:54:20	Time & posn Stage & change min/km & rank	3:04 (182) 3:04 11:50 (182)	5:21 (183) 2:16 (-1) 13:33 (183)	8:01 (184) 2:40 (-1) 13:27 (184)	10:04 (178) 2:03 (+6) 13:24 (166)	12:17 (173) 2:12 (+5) 14:45 (171)	13:48 (169) 1:30 (+4) 14:20 (164)	15:50 (163) 2:02 (+6) 13:24 (153)	18:03 (160) 2:13 (+3) 14:02 (150)
161	Lucy Robins LDWA 4:09:57	Time & posn Stage & change min/km & rank	3:04 (185) 3:04 11:50 (185)	5:18 (179) 2:13 (+6) 13:11 (178)	7:43 (179) 2:25 (=) 12:12 (170)	9:48 (174) 2:05 (+5) 13:39 (172)	11:57 (166) 2:08 (+8) 14:18 (167)	13:35 (164) 1:37 (+2) 15:33 (172)	15:42 (161) 2:07 (+3) 13:58 (162)	18:06 (161) 2:23 (=) 15:08 (163)
=	Debbie Green LDWA 4:09:59	Time & posn Stage & change min/km & rank	3:04 (183) 3:04 11:50 (183)	5:18 (181) 2:13 (+2) 13:12 (180)	7:43 (181) 2:25 (=) 12:14 (171)	9:48 (173) 2:05 (+8) 13:35 (171)	11:57 (167) 2:08 (+6) 14:19 (168)	13:35 (163) 1:37 (+4) 15:31 (170)	15:42 (162) 2:07 (+1) 13:59 (168)	18:06 (162) 2:23 (=) 15:08 (164)
=	John Walker (Wilts) LDWA 4:09:54	Time & posn Stage & change min/km & rank	3:04 (187) 3:04 11:51 (187)	5:18 (180) 2:13 (+7) 13:11 (179)	7:43 (180) 2:25 (=) 12:12 (169)	9:49 (176) 2:05 (+4) 13:40 (173)	11:57 (168) 2:08 (+8) 14:18 (165)	13:35 (165) 1:37 (+3) 15:32 (171)	15:42 (160) 2:07 (+5) 13:57 (161)	18:07 (163) 2:24 (-3) 15:10 (165)
164	Jim Catchpole 4:09:51	Time & posn Stage & change min/km & rank	3:04 (185) 3:04 11:50 (185)	5:18 (182) 2:13 (+3) 13:12 (181)	7:44 (182) 2:25 (=) 12:14 (172)	9:49 (175) 2:05 (+7) 13:35 (170)	11:58 (169) 2:09 (+6) 14:20 (169)	13:36 (166) 1:38 (+3) 15:39 (173)	15:42 (159) 2:06 (+7) 13:51 (160)	18:07 (164) 2:24 (-5) 15:13 (166)
165	David Redpath 4:10:39	Time & posn Stage & change min/km & rank	3:07 (189) 3:07 11:59 (189)	5:28 (186) 2:21 (+3) 13:59 (185)	8:20 (189) 2:52 (-3) 14:27 (190)	10:37 (181) 2:17 (+8) 14:55 (179)	12:56 (176) 2:18 (+5) 15:25 (174)	14:13 (170) 1:16 (+6) 12:11 (126)	16:02 (166) 1:48 (+4) 11:57 (134)	18:18 (165) 2:16 (+1) 14:22 (153)
166	Elizabeth Rayner LDWA 3:56:33	Time & posn Stage & change min/km & rank	3:00 (178) 3:00 11:34 (178)	5:24 (185) 2:23 (-7) 14:15 (189)	8:05 (185) 2:40 (=) 13:30 (185)	10:23 (180) 2:18 (+5) 15:01 (182)	12:32 (175) 2:08 (+5) 14:17 (162)	14:14 (172) 1:41 (+3) 16:10 (176)	16:25 (167) 2:10 (+5) 14:23 (166)	18:48 (166) 2:23 (+1) 15:04 (162)
167	Dawn Steele 4:10:42	Time & posn Stage & change min/km & rank	3:07 (188) 3:07 11:59 (188)	5:28 (187) 2:21 (+1) 13:59 (187)	8:19 (187) 2:51 (=) 14:25 (189)	10:39 (185) 2:19 (+2) 15:11 (185)	13:13 (180) 2:33 (+5) 17:06 (179)	14:41 (174) 1:27 (+6) 13:57 (157)	16:58 (169) 2:17 (+5) 15:03 (170)	19:21 (167) 2:22 (+1) 15:01 (160)
168	Rory Stephen LDWA 4:10:23	Time & posn Stage & change min/km & rank	3:07 (191) 3:07 12:00 (191)	5:28 (190) 2:21 (+1) 13:59 (186)	8:18 (186) 2:49 (+4) 14:16 (186)	10:37 (183) 2:19 (+3) 15:08 (184)	13:14 (181) 2:36 (+2) 17:21 (181)	14:41 (176) 1:27 (+5) 13:55 (154)	16:58 (170) 2:16 (+6) 15:03 (169)	19:21 (168) 2:23 (+2) 15:03 (161)
169	Simon West LDWA 4:10:35	Time & posn Stage & change min/km & rank	3:07 (190) 3:07 11:59 (190)	5:28 (189) 2:21 (+1) 14:00 (188)	8:20 (188) 2:51 (+1) 14:24 (188)	10:38 (184) 2:18 (+4) 15:02 (183)	13:13 (179) 2:35 (+5) 17:14 (180)	14:41 (175) 1:27 (+4) 13:57 (159)	16:59 (171) 2:17 (+4) 15:07 (171)	19:26 (169) 2:27 (+2) 15:31 (168)
170	Andrea Young 4:10:03	Time & posn Stage & change min/km & rank	3:01 (179) 3:01 11:36 (179)	5:29 (191) 2:28 (-12) 14:39 (191)	8:20 (190) 2:51 (+1) 14:24 (187)	10:40 (186) 2:19 (+4) 15:12 (186)	13:02 (178) 2:22 (+8) 15:48 (177)	14:38 (173) 1:36 (+5) 15:14 (169)	16:47 (168) 2:08 (+5) 14:07 (165)	19:27 (170) 2:40 (-2) 16:51 (169)
	Paul Williams LDWA 4:00:04	Time & posn Stage & change min/km & rank	2:59 (176) 2:59 11:28 (176)	5:11 (176) 2:11 (=) 13:04 (177)	7:40 (176) 2:29 (=) 12:32 (176)	9:42 (170) 2:01 (+6) 13:15 (161)	11:48 (165) 2:06 (+5) 14:00 (155)	13:15 (161) 1:27 (+4) 13:49 (153)	17:18 (172) 4:03 (-11) 2:44 (172)	Retired
	Angela Wright Rotherham Running Club 5:46:22	Time & posn Stage & change min/km & rank	2:02 (94) 2:02 7:52 (94)	3:31 (95) 1:28 (-1) 8:48 (98)	5:30 (107) 1:58 (-12) 9:59 (119)	7:15 (110) 1:44 (-3) 11:20 (133)	9:08 (107) 1:53 (+3) 12:34 (139)	10:26 (107) 1:17 (=) 12:22 (133)	12:27 (119) 2:01 (-12) 13:20 (152)	Retired
	Julian Bamford 5:15:34	Time & posn Stage & change min/km & rank	2:21 (130) 2:21 9:04 (130)	4:04 (130) 1:42 (=) 10:10 (135)	6:07 (131) 2:03 (-1) 10:21 (136)	7:53 (130) 1:46 (+1) 11:32 (138)	9:45 (130) 1:51 (=) 12:22 (136)	11:09 (131) 1:23 (-1) 13:17 (150)	Retired	Retired
	Daniel Johnson 5:28:55	Time & posn Stage & change min/km & rank	2:38 (154) 2:38 10:10 (154)	4:30 (149) 1:52 (+5) 11:05 (149)	6:54 (158) 2:23 (-9) 12:04 (166)	8:58 (162) 2:03 (-4) 13:25 (168)	11:05 (158) 2:07 (+4) 14:11 (160)	12:47 (156) 1:41 (+2) 16:09 (175)	Retired	Retired

Saturday, 7th October, 2023

Analysis of times for Round Rotherham

Individual Result

Cumulative Time and Stage Time in hr:min

Pace in min:sec per km

Pos'n.	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.7 km 10.1	Harthill 37.6 km 11.9	Woodsetts 46.8 km 9.2	Firbeck 55.8 km 9	Maltby 62.1 km 6.3	H.Roberts 71.2 km 9.1	Finish 80.7 km 9.5
	John Slater	Time & posn	1:39 (26)	2:48 (28)	4:28 (48)	5:47 (50)	7:14 (50)	8:11 (49)		
	Rotherham Running Club	Stage & change	1:39	1:09 (-2)	1:39 (-20)	1:19 (-2)	1:26 (=)	0:56 (+1)		
	5:49:50	min/km & rank	6:21 (26)	6:51 (31)	8:23 (70)	8:37 (61)	9:37 (68)	9:02 (45)	Retired	Retired
	Pete Taylor	Time & posn	2:38 (154)	4:30 (150)	6:54 (157)	8:58 (161)	11:05 (157)	12:47 (155)		
	Valley Hill Runners	Stage & change	2:38	1:52 (+4)	2:23 (-7)	2:03 (-4)	2:07 (+4)	1:41 (+2)		
	5:28:53	min/km & rank	10:10 (154)	11:06 (150)	12:04 (164)	13:25 (168)	14:11 (159)	16:09 (174)	Retired	Retired
	Chris Adams	Time & posn	2:38 (151)	4:44 (163)	7:03 (163)	8:52 (156)	10:13 (137)			
		Stage & change	2:38	2:05 (-12)	2:19 (=)	1:48 (+7)	1:20 (+19)			
	5:17:22	min/km & rank	10:09 (151)	12:26 (165)	11:42 (159)	11:49 (144)	8:59 (54)	Retired	Retired	Retired
	Darren Frankland	Time & posn	2:46 (167)	4:45 (167)	6:57 (160)	8:43 (149)	10:29 (141)			
		Stage & change	2:46	1:58 (=)	2:12 (+7)	1:45 (+11)	1:46 (+8)			
	4:10:11	min/km & rank	10:40 (167)	11:45 (159)	11:07 (148)	11:30 (135)	11:47 (117)	Retired	Retired	Retired
	Emma Harris	Time & posn	2:46 (167)	4:45 (166)	6:57 (159)	8:43 (150)	10:29 (142)			
		Stage & change	2:46	1:58 (+1)	2:12 (+7)	1:45 (+9)	1:46 (+8)			
	4:10:14	min/km & rank	10:40 (167)	11:45 (158)	11:07 (149)	11:30 (136)	11:47 (116)	Retired	Retired	Retired
	Richard Millns	Time & posn	2:02 (91)	3:31 (92)	5:23 (102)	7:06 (106)	8:56 (105)			
	Rotherham Running Club	Stage & change	2:02	1:28 (-1)	1:52 (-10)	1:43 (-4)	1:49 (+1)			
	5:46:19	min/km & rank	7:51 (91)	8:46 (96)	9:26 (105)	11:11 (128)	12:09 (126)	Retired	Retired	Retired
	Roy Turner	Time & posn	3:04 (184)	5:13 (178)	7:40 (178)	9:42 (172)	12:04 (172)			
	LDWA	Stage & change	3:04	2:08 (+6)	2:27 (=)	2:01 (+6)	2:21 (=)			
	3:54:25	min/km & rank	11:50 (184)	12:46 (174)	12:22 (174)	13:15 (162)	15:45 (176)	Retired	Retired	Retired
	Mick Cochrane	Time & posn	1:48 (60)	3:16 (76)	5:18 (93)	7:01 (97)				
	Dark Peak Fell Runners	Stage & change	1:48	1:28 (-16)	2:01 (-17)	1:43 (-4)				
	6:43:08	min/km & rank	6:58 (60)	8:43 (92)	10:14 (130)	11:11 (129)	Retired	Retired	Retired	Retired
	Luke Davis	Time & posn	1:15 (3)	2:06 (2)	3:08 (2)	4:23 (5)				
	Maltby Running Club	Stage & change	1:15	0:50 (+1)	1:01 (=)	1:15 (-3)				
	7:10:09	min/km & rank	4:50 (3)	5:01 (2)	5:12 (3)	8:11 (48)	Retired	Retired	Retired	Retired
	Diane Day	Time & posn	3:37 (194)	6:10 (194)	9:17 (194)	11:41 (188)				
		Stage & change	3:37	2:33 (=)	3:06 (=)	2:23 (+6)				
	4:18:35	min/km & rank	13:56 (194)	15:10 (194)	15:39 (192)	15:37 (188)	Retired	Retired	Retired	Retired
	Joseph Evans	Time & posn	3:20 (193)	5:52 (192)	9:09 (192)	11:52 (189)				
		Stage & change	3:20	2:31 (+1)	3:16 (=)	2:43 (+3)				
	4:02:17	min/km & rank	12:51 (193)	15:02 (192)	16:32 (194)	17:43 (190)	Retired	Retired	Retired	Retired
	Michelle Harle	Time & posn	1:49 (62)	2:58 (47)	4:23 (41)	5:44 (46)				
	Rotherham Harriers and AC	Stage & change	1:49	1:09 (+15)	1:24 (+6)	1:21 (-5)				
	6:47:43	min/km & rank	6:59 (62)	6:52 (33)	7:07 (32)	8:51 (67)	Retired	Retired	Retired	Retired
	Lee Holman	Time & posn	3:20 (192)	5:52 (193)	9:09 (193)	11:52 (189)				
	LDWA	Stage & change	3:20	2:32 (-1)	3:16 (=)	2:42 (+4)				
	4:02:19	min/km & rank	12:51 (192)	15:03 (193)	16:32 (195)	17:42 (189)	Retired	Retired	Retired	Retired
	Lesley Killey	Time & posn	3:37 (195)	6:11 (195)	9:17 (195)	11:40 (187)				
	LDWA	Stage & change	3:37	2:33 (=)	3:06 (=)	2:23 (+8)				
	4:18:31	min/km & rank	13:57 (195)	15:10 (195)	15:40 (193)	15:35 (187)	Retired	Retired	Retired	Retired
	Mark Plant	Time & posn	1:19 (6)	2:15 (6)	3:24 (7)	4:34 (6)				
	Rotherham Harriers and AC	Stage & change	1:19	0:55 (=)	1:09 (-1)	1:09 (+1)				
	6:47:51	min/km & rank	5:05 (6)	5:30 (6)	5:50 (7)	7:34 (23)	Retired	Retired	Retired	Retired
	Adam Taylor	Time & posn	2:33 (146)	4:06 (131)	6:14 (135)	8:10 (138)				
	Team Manvers	Stage & change	2:33	1:32 (+15)	2:08 (-4)	1:56 (-3)				
	5:25:18	min/km & rank	9:52 (146)	9:07 (107)	10:46 (142)	12:38 (158)	Retired	Retired	Retired	Retired
	Kirsten Alexander	Time & posn	1:55 (79)	3:28 (87)	5:20 (95)					
		Stage & change	1:55	1:33 (-8)	1:51 (-8)					
	6:40:56	min/km & rank	7:23 (79)	9:13 (112)	9:22 (100)	Retired	Retired	Retired	Retired	Retired
	Joe Clements	Time & posn	2:38 (151)	4:44 (164)	7:05 (166)					
		Stage & change	2:38	2:05 (-13)	2:21 (-2)					
	5:17:24	min/km & rank	10:09 (151)	12:26 (166)	11:54 (160)	Retired	Retired	Retired	Retired	Retired
	Daniel Grant	Time & posn	1:18 (5)	2:14 (5)	3:20 (5)					
	Valley Striders AC	Stage & change	1:18	0:56 (=)	1:06 (=)					
	7:04:21	min/km & rank	5:01 (5)	5:34 (7)	5:33 (5)	Retired	Retired	Retired	Retired	Retired
	Andrew Pickard	Time & posn	1:50 (65)	3:04 (60)	4:35 (55)					
	Sheffield RC	Stage & change	1:50	1:14 (+5)	1:30 (+5)					
	6:52:18	min/km & rank	7:05 (65)	7:20 (50)	7:38 (48)	Retired	Retired	Retired	Retired	Retired
	John Walker (Ntm)	Time & posn	2:38 (153)	4:44 (165)	7:06 (167)					
		Stage & change	2:38	2:05 (-12)	2:21 (-2)					
	5:17:20	min/km & rank	10:10 (153)	12:26 (167)	11:54 (161)	Retired	Retired	Retired	Retired	Retired