

Saturday, 3rd October 2026			Analysis of times for Round Rotherham						Result for relay	
Cumulative Time and Stage Time in hr:min			Pace in min:sec per km							
Pos'n	Name Club start time	total distance stage length	Grange 15.6 km 15.6	Treeton 25.9 km 10.3	Harthill 37.8 km 11.9	Woodsetts 46.9 km 9.1	Firbeck 56 km 9.1	Maltby 62.3 km 6.3	H.Roberts 71.4 km 9.1	Finish 80.9 km 9.5
1	Kimberworth Men A Kimberworth Striders 8:00:05	Time & posn Stage & change min/km & rank	1:02 (2) 1:02 3:58 (2)	1:48 (1) 0:46 (+1) 4:30 (2)	2:36 (1) 0:47 (=) 4:00 (1)	3:22 (1) 0:45 (=) 5:01 (6)	4:00 (1) 0:38 (=) 4:16 (1)	4:30 (1) 0:29 (=) 4:37 (2)	5:13 (1) 0:42 (=) 4:42 (5)	5:53 (1) 0:40 (=) 4:17 (1)
2	The Red Hots Clowne Road Runners 8:00:05	Time & posn Stage & change min/km & rank	0:58 (1) 0:58 3:43 (1)	1:49 (2) 0:51 (-1) 4:58 (3)	2:48 (2) 0:58 (=) 4:56 (4)	3:27 (2) 0:38 (=) 4:16 (1)	4:10 (3) 0:43 (-1) 4:46 (6)	4:37 (2) 0:26 (+1) 4:11 (1)	5:18 (2) 0:41 (=) 4:31 (3)	5:59 (2) 0:40 (=) 4:18 (2)
3	WH Green Guys Workshop Harriers & AC 8:00:05	Time & posn Stage & change min/km & rank	1:10 (3) 1:10 4:29 (3)	1:55 (3) 0:45 (=) 4:26 (1)	2:50 (3) 0:54 (=) 4:32 (2)	3:30 (3) 0:40 (=) 4:28 (2)	4:09 (2) 0:39 (+1) 4:19 (2)	4:49 (3) 0:39 (-1) 6:14 (10)	5:28 (3) 0:39 (=) 4:19 (1)	6:17 (3) 0:48 (=) 5:05 (7)
4	Kestrels Chargers Killamarsh Kestrels 8:00:05	Time & posn Stage & change min/km & rank	1:13 (4) 1:13 4:42 (4)	2:05 (4) 0:51 (=) 5:02 (4)	3:03 (4) 0:58 (=) 4:54 (3)	3:55 (4) 0:51 (=) 5:38 (9)	4:49 (4) 0:54 (=) 6:00 (13)	5:30 (4) 0:40 (=) 6:27 (11)	6:10 (4) 0:39 (=) 4:23 (2)	6:51 (4) 0:41 (=) 4:21 (3)
5	Brecks Old Boys 8:00:05	Time & posn Stage & change min/km & rank	1:33 (16) 1:33 5:58 (16)	2:29 (11) 0:56 (+5) 5:28 (8)	3:31 (9) 1:01 (+2) 5:12 (7)	4:20 (8) 0:49 (+1) 5:25 (7)	5:03 (8) 0:42 (=) 4:42 (5)	5:40 (7) 0:37 (+1) 5:53 (6)	6:32 (8) 0:52 (-1) 5:44 (11)	7:20 (5) 0:47 (+3) 4:57 (6)
6	Kimberworth Ladies Kimberworth Striders 8:00:05	Time & posn Stage & change min/km & rank	1:16 (6) 1:16 4:54 (6)	2:22 (9) 1:05 (-3) 6:23 (14)	3:23 (6) 1:01 (+3) 5:08 (6)	4:16 (7) 0:53 (-1) 5:53 (10)	4:58 (5) 0:41 (+2) 4:34 (3)	5:37 (6) 0:38 (-1) 6:06 (9)	6:30 (7) 0:53 (-1) 5:54 (12)	7:22 (6) 0:51 (+1) 5:23 (9)
7	Red Wrecking Crew Clowne Road Runners 8:00:05	Time & posn Stage & change min/km & rank	1:22 (10) 1:22 5:17 (10)	2:18 (5) 0:55 (+5) 5:25 (7)	3:30 (8) 1:12 (-3) 6:06 (17)	4:16 (6) 0:45 (+2) 5:01 (5)	4:58 (6) 0:42 (=) 4:37 (4)	5:34 (5) 0:36 (+1) 5:43 (5)	6:30 (6) 0:55 (-1) 6:05 (14)	7:25 (7) 0:55 (-1) 5:50 (11)
8	RRC Men Rotherham Running Club 8:00:05	Time & posn Stage & change min/km & rank	1:14 (5) 1:14 4:45 (5)	2:18 (6) 1:04 (-1) 6:14 (13)	3:20 (5) 1:02 (+1) 5:13 (9)	4:04 (5) 0:43 (=) 4:47 (3)	4:59 (7) 0:55 (-2) 6:05 (15)	5:45 (8) 0:46 (-1) 7:20 (17)	6:27 (5) 0:42 (+3) 4:38 (4)	7:25 (8) 0:57 (-3) 6:05 (12)
9	WH Green Girls Workshop Harriers & AC 8:00:05	Time & posn Stage & change min/km & rank	1:41 (18) 1:41 6:30 (18)	2:43 (17) 1:02 (+1) 6:02 (11)	3:42 (11) 0:59 (+6) 4:57 (5)	4:28 (10) 0:45 (+1) 4:59 (4)	5:14 (10) 0:46 (=) 5:08 (9)	6:05 (10) 0:50 (=) 7:57 (19)	6:55 (10) 0:50 (=) 5:31 (9)	7:38 (9) 0:42 (+1) 4:38 (4)
10	Wentworth A Team Wentworth Wanderers 8:00:05	Time & posn Stage & change min/km & rank	1:20 (8) 1:20 5:08 (8)	2:28 (10) 1:07 (-2) 6:35 (15)	3:33 (10) 1:05 (=) 5:28 (11)	4:31 (11) 0:58 (-1) 6:24 (16)	5:17 (11) 0:45 (=) 4:58 (7)	5:57 (9) 0:40 (+2) 6:29 (12)	6:54 (9) 0:56 (=) 6:09 (15)	7:38 (10) 0:44 (-1) 4:38 (5)
11	Kimberworth Men B Kimberworth Striders 8:00:05	Time & posn Stage & change min/km & rank	1:25 (11) 1:25 5:30 (11)	2:21 (8) 0:55 (+3) 5:21 (6)	3:49 (16) 1:28 (-8) 7:25 (20)	4:44 (14) 0:55 (+2) 6:02 (12)	5:33 (12) 0:49 (+2) 5:26 (11)	6:07 (11) 0:33 (+1) 5:17 (3)	6:55 (11) 0:48 (=) 5:21 (7)	7:54 (11) 0:59 (=) 6:12 (15)
12	SRC Sole Mates Sheffield Running Club 8:00:05	Time & posn Stage & change min/km & rank	1:18 (7) 1:18 5:00 (7)	2:32 (13) 1:13 (-6) 7:10 (18)	3:44 (12) 1:12 (+1) 6:03 (15)	4:34 (12) 0:50 (=) 5:32 (8)	5:37 (14) 1:02 (-2) 6:53 (20)	6:13 (13) 0:36 (+1) 5:43 (4)	7:11 (12) 0:57 (+1) 6:20 (16)	8:09 (12) 0:58 (=) 6:09 (13)
13	Kestrels Fliers Killamarsh Kestrels 8:00:05	Time & posn Stage & change min/km & rank	1:26 (12) 1:26 5:32 (12)	2:40 (15) 1:13 (-3) 7:10 (17)	3:45 (13) 1:05 (+2) 5:30 (12)	4:39 (13) 0:53 (=) 5:55 (11)	5:35 (13) 0:56 (=) 6:10 (16)	6:20 (14) 0:44 (-1) 7:07 (15)	7:12 (14) 0:51 (=) 5:41 (10)	8:11 (13) 0:58 (+1) 6:10 (14)
14	Kimberworth Mixed Kimberworth Striders 8:00:05	Time & posn Stage & change min/km & rank	1:39 (17) 1:39 6:22 (17)	2:41 (16) 1:02 (+1) 6:04 (12)	3:46 (14) 1:04 (+2) 5:25 (10)	4:45 (15) 0:58 (-1) 6:28 (17)	5:39 (15) 0:54 (=) 6:00 (13)	6:23 (15) 0:43 (=) 6:55 (14)	7:22 (15) 0:59 (=) 6:29 (18)	8:17 (14) 0:55 (+1) 5:48 (10)
15	Maltby Milesters Maltby Running Club 8:00:05	Time & posn Stage & change min/km & rank	1:43 (20) 1:43 6:36 (20)	2:51 (19) 1:08 (+1) 6:41 (16)	4:13 (21) 1:21 (-2) 6:50 (19)	5:12 (20) 0:59 (+1) 6:31 (18)	6:00 (19) 0:48 (+1) 5:17 (10)	6:39 (18) 0:38 (+1) 6:04 (8)	7:42 (18) 1:03 (=) 6:58 (21)	8:33 (15) 0:50 (+3) 5:20 (8)
16	Valley Hill B Valley Hill Runners 8:00:05	Time & posn Stage & change min/km & rank	1:22 (9) 1:22 5:16 (9)	2:20 (7) 0:58 (+2) 5:41 (10)	3:30 (7) 1:09 (=) 5:52 (14)	4:27 (9) 0:57 (-2) 6:16 (13)	5:13 (9) 0:45 (=) 5:02 (8)	6:11 (12) 0:57 (-3) 9:10 (20)	7:11 (13) 0:59 (-1) 6:33 (19)	8:35 (16) 1:24 (-3) 8:50 (20)
17	Rother Valley Swallows Rother Valley Swallows 8:00:05	Time & posn Stage & change min/km & rank	1:27 (13) 1:27 5:37 (13)	2:47 (18) 1:19 (-5) 7:45 (21)	3:55 (17) 1:07 (+1) 5:41 (13)	4:58 (18) 1:03 (-1) 6:56 (20)	5:51 (17) 0:52 (+1) 5:49 (12)	6:37 (17) 0:46 (=) 7:18 (16)	7:25 (17) 0:48 (=) 5:16 (6)	8:47 (17) 1:22 (=) 8:40 (19)
18	Valley Hill A Valley Hill Runners 8:00:05	Time & posn Stage & change min/km & rank	1:43 (21) 1:43 6:37 (21)	2:58 (21) 1:14 (=) 7:16 (19)	4:00 (18) 1:01 (+3) 5:12 (8)	4:57 (17) 0:57 (+1) 6:18 (14)	5:59 (18) 1:01 (-1) 6:46 (18)	6:40 (19) 0:41 (-1) 6:32 (13)	7:43 (19) 1:02 (=) 6:53 (20)	9:10 (18) 1:27 (+1) 9:14 (21)
19	RHAC Pandas Rotherham Harriers 8:00:05	Time & posn Stage & change min/km & rank	1:41 (19) 1:41 6:30 (19)	2:35 (14) 0:53 (+5) 5:11 (5)	4:10 (20) 1:35 (-6) 8:00 (22)	5:14 (21) 1:03 (-1) 7:01 (21)	6:16 (21) 1:02 (=) 6:49 (19)	7:03 (20) 0:47 (+1) 7:32 (18)	8:01 (20) 0:57 (=) 6:21 (17)	9:20 (19) 1:18 (+1) 8:16 (18)
20	Village Runners 8:00:05	Time & posn Stage & change min/km & rank	1:32 (14) 1:32 5:57 (14)	2:52 (20) 1:19 (-6) 7:44 (20)	4:05 (19) 1:12 (+1) 6:06 (16)	5:05 (19) 1:00 (=) 6:39 (19)	6:06 () 1:00 () 6:39 (17)	7:22 (21) 1:15 () 12:00 (22)	8:25 (21) 1:03 (=) 7:00 (22)	9:27 (20) 1:01 (+1) 6:30 (16)
21	RRC Ladies Rotherham Running Club 8:00:05	Time & posn Stage & change min/km & rank	1:33 (15) 1:33 5:58 (15)	2:30 (12) 0:57 (+3) 5:34 (9)	3:48 (15) 1:17 (-3) 6:31 (18)	4:46 (16) 0:58 (-1) 6:24 (15)	5:50 (16) 1:03 (=) 7:01 (21)	6:28 (16) 0:38 (=) 6:03 (7)	7:23 (16) 0:54 (=) 6:01 (13)	9:33 (21) 2:09 (-5) 13:39 (22)
22	RHAC Penguins Rotherham Harriers 8:00:05	Time & posn Stage & change min/km & rank	1:50 (22) 1:50 7:05 (22)	3:19 (22) 1:28 (=) 8:37 (22)	4:53 (22) 1:34 (=) 7:56 (21)	6:23 (22) 1:29 (=) 9:49 (22)	7:32 (22) 1:09 (=) 7:39 (22)	8:34 (22) 1:02 (=) 9:50 (21)	9:24 (22) 0:49 (=) 5:27 (8)	10:28 (22) 1:04 (=) 6:44 (17)